

TAKE CHARGE.....STAY HEALTHY!

BE PREPARED FOR H1N1 INFLUENZA

- Get vaccinated for seasonal influenza as soon as it is available.
- Stay informed.

Go to www.pandemic.wisconsin.gov for the most recent information.

- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your mouth and nose when you cough or sneeze.
- Clean your hands frequently.
- Avoid touching your eyes, nose and mouth. Germs are often spread this way.
- **Get vaccinated with H1N1 vaccine when available.** Some people with higher health risks may get the vaccine first, but there should be enough for all people eventually.
- **The following are the expected priority groups: pregnant women, children 6 months-4years of age, household contacts of children less than 6 months of age, school aged children and staff at schools, health care and emergency workers, non-elderly (less than 65 years) with underlying medical conditions.**
- Feel free to contact the Juneau County Health Department at 608-847-9373 or visit our website at www.co.juneau.wi.gov.

GUIDELINES FOR WHO CAN RECEIVE H1N1 THROUGH THE HEALTH DEPARTMENT AS OF October 19, 2009

- HEALTH CARE WORKERS/EMTS/CERTIFIED FIRST RESPONDERS
- HIGH RISK CLIENTS OF THE HEALTH DEPARTMENT
 - Under 5 years of age
 - Pregnant women
 - Household contact of infants less than 6 months

- Children 6months- 18 years with chronic illness

If available, we will have the vaccine with us at regularly scheduled clinics for the above populations only. We are not having mass clinics at this time.