

DURING THE PAST YEAR...

1. Have you spent more time drinking or using than you meant to?
2. Have you neglected some of your usual responsibilities because of using alcohol or drugs?
3. Have you felt you needed to cut down on your drinking or drug use?
4. Did your family, a friend, or anyone else tell you they objected to your drinking or drug use?
5. Have you found yourself thinking a lot about drinking or using?
6. Have you used alcohol or drugs to relieve emotional discomfort, such as sadness, anger or boredom?

If you answered 'yes' to at least two of the above questions, there is a good chance your use of alcohol or drugs has become out of control. Let us help you sort it out with a free consolation.



Hours:

Monday—Friday

8am to 4:30pm

**For after hour
emergencies,
call (608) 847-6161**

Juneau County Department of Human Services

200 Hickory St.

Mauston, Wisconsin 53948

(608) 847-2400

Fax: (608) 847-9421

JUNEAU COUNTY

Department of Human Services



Alcohol and Drug Abuse Counseling Services



Addiction

Addiction: The continued **compulsive** use of a substance or behavior in spite of adverse health or social consequences.

Addiction can happen to anyone. It is not a character flaw or a moral weakness. Addiction is a disease.

It is not your fault.

Addiction not only affects you but everyone close to you. Excessive alcohol and drug use acts as an effective solvent... it can dissolve families, marriages, friendships and careers.

As a service to Juneau County residents, our Substance Abuse Counselors offer a variety of services to assist you in reaching your personal substance use goals. These services are available at a reasonable cost. If not covered by insurance or health plans, a sliding fee scale is used based on a person's ability to pay.

Services Available

- Chemical Use and Court-ordered Assessments for adults and adolescents.
- Individual counseling for adults and adolescents.
- Assistance in locating residential treatment programs, traditional housing, and aftercare services.
- Community prevention and educational services.
- Assistance in finding local support groups such as Alcoholics Anonymous, Narcotics Anonymous, and Al Anon meetings.
- Referrals to county mental health services such as individual psychotherapy or psychiatry, if warranted.
- Education for family members and concerned others in order to better understand addiction and substance abuse.



Just because everyone is going in one direction, doesn't mean you should too.

Everyone might be wrong.

IDP Assessments

Juneau County is responsible for completing Intoxicated Driver Program (IDP) assessments for Juneau County residents arrested for operating while intoxicated (OWI) or driving under the influence (DUI).

Juneau County DHS completed 149 IDP assessments in 2019.

It is a reasonable to estimate that every OWI or DUI arrest will cost the offender over \$1,000 in fines, fees, lost work time, etc.

The legal maximum blood alcohol concentration (BAC) is .08.

Drinks	Weight in Pounds:					
	100	120	140	160	180	200
1	.04	.03	.03	.02	.02	.02
2	.08	.06	.05	.05	.04	.04
3	.11	.09	.08	.07	.06	.06
4	.15	.12	.11	.09	.08	.08
5	.19	.16	.13	.12	.13	.09
6	.23	.19	.16	.14	.15	.11
7	.26	.22	.19	.16	.17	.13

Approx. Blood Alcohol Percentage

Subtract .01% for each 40 minutes of drinking. One drink is 1 oz. of 100 proof liquor, 12 oz. of beer, or 4 oz. of table wine. Food, fatigue, medications, and other conditions may cause your blood alcohol level to be different.