

# Community Survey Report

Juneau County Community Survey Results 2021

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# Introduction



# Introduction

This survey was conducted as a part of the Juneau County Community Health Assessment. The survey was administered between February and March. This survey looked at a variety of topics to gain knowledge of how individuals see Juneau County and help to prioritize areas of focus for the community assessment.

# Study Design and Methods



# Study Method and Design

The Juneau County Health Department in Juneau County, Wisconsin, contracted with Epiphany Community Services to analyze the results of their Community Health Assessment conducted during the winter/spring of 2021. Juneau County residents completed the survey between February and March.

A total of 1564 surveys were completed, with a rejection rate/incompletion rate of 23.2% (363 surveys), for a total of 1201 surveys. Surveys were rejected if the individual stated they did not live in Juneau County or less than 75% of the survey was completed.

Surveys were distributed through the connections of the Steering Committee and trusted community partners, including but not limited to all 5 school districts, major Juneau County employers, ADRC, Juneau County Housing Authority, Central Wisconsin Community Action Council, Juneau County farmers, public libraries, local food pantries, COVID-19 vaccine clinics, local health care providers, local grocery stores, local chambers and Facebook advertising. The survey was available in both print and digital formats.

# Limitations

It is important to note that survey results are based on the responses of community members who volunteered to take the survey, as well as the proportion of respondents to each individual question. As some did not answer every question in the survey, not every question was based on the same number of respondents. In general, the survey is not representative of the general population of Juneau County, due to the use of convenience sampling and limited number of respondents of various sub-populations including gender, this survey is considered to be skewed towards the behaviors and attitudes of the female population over 35

Surveys are considered representative when the response rate reaches a threshold of no less than 5% at a 95% confidence interval. The margin of error for this survey was 2.75%. However, as the number of responses was not equal across all age ranges or genders, the results may not fully be representative of all ages or genders in the community. Specifically, females were almost three fourths of the responses at 72.9% (876 responses) compared to males who accounted for less than a quarter at 23.8% (286 responses). Additionally, the disaggregation of the data is not considered representative of the associated sub-populations due to the low number in respondents in each sub-population. As such, disaggregated data (gender, age) should be viewed as an insight opportunity and not definitive of the behaviors and attitudes of the stated sub-populations.

Finally, it is important to note that self-reporting is sometimes criticized for being inaccurate, especially when the topic under question is illicit drug use behavior. Self-reports can be influenced by a variety of factors, including lapses in memory, the desire to appear a certain way (either “better” or “worse” than one’s actual behavior might indicate), and the ability to comprehend the question. Specific research procedures can be put in place to increase the chances of participants reporting truthfully. While self-reports have their weaknesses, they are perhaps one of the best ways to determine many of the things we are seeking in this survey, like perceptions of harm and disapproval. “Survey research can provide a more thorough profile of drug use and abuse among a broader cross section of the population; it can also provide a much greater range of information for use in designing intervention strategies.”<sup>1</sup>

## Format of the Report

The report is laid out in a table and bulleted list format, broken down by gender and age for each question. Font sizes of tables may vary from slide to slide for readability and content. (10pt to 12pt). N (actual number of respondents) are only provided for demographic questions.

# Conclusions



# Conclusions

Due to the low sample size, representing only 4.5% of the adult population in Juneau County, Wisconsin, the results cannot be considered representative of the population. Nevertheless, there are important conclusions that can be drawn from survey results:

- Almost 90% (89.3%) of survey respondents feel safe in their community and 38.4% of adults believing that community safety is a strength of their community
- Slightly more than half (53.6%) of survey respondents disagree that their community has access to a variety of transportation options, this is confirmed during the open response questions
- Having more free community events (31%) and improving communication with the community (17%) were top ways that respondents believe would help to increase community involvement
- Over sixty percent (60.1%) of survey respondents reported eating only 0-2 servings of fruit/vegetables in a day
- Access to affordable, healthy food was reported by 32.1% of Juneau County residents as an area of improvement. This need for improvement is validated by the open responses where One in five (20%) survey respondents believe that access to affordable, healthy food options would be a way to make their community a healthier place to live
- A need for a Farmer's market was mentioned in over 80 open responses

# Conclusions Continued

- Clean water was mentioned highly as both an environmental strength (201 open responses) and an area of improvement (172 open responses). Some of the strengths were that there since it was a rural community that pollution was low. However, in terms of area of improvement, agriculture waste in the waterways was a concern for number of individuals. Lack of access to well water safety testing.
- Safe housing was mentioned in 222 open responses, with 160 open responses of them relating to environmental areas of improvement in the community.
- In the open responses, the desire for a community center was mentioned in 53 responses. This number increases even more when looking at desire for facilities for recreation activities and gathering places such as pools, bowling alley, fitness centers, Boys and Girls Club, and YMCA with 95 responses.
- More jobs and a better economy had almost 50 open responses

# Demographics



# Demographics

Gender		
What gender do you identify as?		
Gender	N=	Percentage
Cisgender	2	0.2%
Female	876	72.9%
Male	286	23.8%
Non-binary	0	0.0%
Transgender FTM	1	0.1%
Transgender MTF	2	0.2%
Gender variant not listed	1	0.1%
Prefer not to answer	5	0.4%

N=1,173

Sexual Orientation		
What is your sexual orientation?		
Sexual Orientation	N=	Percentage
Asexual	69	5.7%
Bisexual	16	1.3%
Gay	2	0.2%
Lesbian	3	0.2%
Pansexual	5	0.4%
Queer	1	0.1%
Straight/heterosexual	969	80.7%
Sexual orientation not listed	2	0.2%
Prefer not to answer	60	5.0%

N=1,127

# Demographics

Race/Ethnicity		
With which categories do you identify with? (Select all that apply)		
Race/Ethnicity	N=	Percentage
African American or Black	15	1.2%
American Indian or Alaskan Native	14	1.2%
Asian Indian	5	0.4%
East Asian (e.g., Chinese, Japanese, Korean)	7	0.6%
Hispanic or Latinx (e.g., Mexican, Mexican American, Puerto Rican, Dominican, Colombian)	12	1.0%
Middle Eastern or North African (e.g., Lebanese, Iranian, Egyptian, Syrian)	5	0.4%
Native Hawaiian or Other Pacific Islander (e.g., Guamanian, Samoan)	3	0.2%
Other Asian (e.g., Bhutanese, Nepalese, Pakistani, Afghan)	2	0.2%
Southeast Asian (e.g., Hmong, Cambodian, Indonesian, Malaysian, Thai, Vietnamese)	3	0.2%
White	1152	96.0%
A category not listed	17	1.4%

N=1,176

## Category not listed:

- European
- Filipino
- German, Norwegian, Slovak
- Irish/Danish/Chek
- Italian
- Norwegian
- Russian, Polish, German, Irish

# Demographics

Language Spoken at Home		
What language(s) do you speak at home? (Select all that apply)		
Language	N=	Percentage
English	1181	98.3%
Spanish	17	1.4%
Hmong	3	0.2%
Polish	5	0.4%
Hoocak	0	0.0%
Other: _____	11	0.9%

N=1,217

## Other:

- French
- German (4)
- Italian (2)
- Greek (2)
- Ilocano
- Tagalong (2)
- Spanish
- Latin
- Swahili
- Russian

# Demographics

Age		
What is your age group?		
Age	N=	Percentage
Under 18	3	0.2%
18-24	35	2.9%
25-34	128	10.7%
35-44	187	15.6%
45-54	206	17.2%
55-64	241	20.1%
65-74	192	16.0%
75+	185	15.4%

N=1,177

Highest Grade or Year of School Completed		
What is the highest grade or year of school you completed?		
Grade or Year of School Completed	N=	Percentage
Less than 9th grade	9	0.7%
9th to 12th grade, no diploma	39	3.2%
High school graduate (includes GED)	267	22.2%
Trade/technical training program	119	9.9%
Some college credit, no degree	203	16.9%
Associate degree	157	13.1%
Bachelor's degree	228	19.0%
Graduate or professional degree	158	13.2%

N=1,180

# Demographics

## Employment Status

What is your current employment status? (Select all that apply)

Employment Status	N=	Percentage
Employed, full-time (including self-employment)	644	53.6%
Employed, part-time (including self-employment)	136	11.3%
Out of work for less than 1 year	14	1.2%
Out of work for more than 1 year	20	1.7%
Caregiver	39	3.2%
Student	21	1.7%
Retired	355	29.6%
Unable to work	47	3.9%

N=1,179

## Number of Jobs

How many jobs do you work?

Number of Jobs	N=	Percentage
1 job	613	51.0%
2 jobs	157	13.1%
3 or more jobs	34	2.8%
I do not work	354	29.5%

N=1,158

# Demographics

## Hours per Week

How many total hours per week do you usually work?

Hours per Week	N=	Percentage
Work less than 20 hours a week	70	5.8%
Work 20-34 hours a week	73	6.1%
Work 35-45 hours a week	446	37.1%
Work more than 45 hours a week	220	18.3%
I do not work	342	28.5%

N=1,151

## Housing Situation

What is your housing situation today?

Housing Situation	N=	Percentage
I have housing and I'm not worried about losing it	1071	89.2%
I have housing and I'm worried about losing it	74	6.2%
I do not have housing (staying with others, in a hotel, in a shelter)	18	0.2%
I do not have housing (living on the street, park, or car)	3	1.5%

N=1,166

# Demographics

Meet Needs		
Does your housing meet your needs? (e.g., adequate, safe, size)		
Meet Needs	N=	Percentage
Yes	1099	91.5%
No	62	5.2%

N=1,161

Types of Disability		
Please select any type of disability you have sought care/assistance for yourself: (Select all that apply)		
Disability	N=	Percentage
Mobility	97	8.1%
Chemical Sensitivity/Environmental	9	0.7%
Mental Health	99	8.2%
Intellectual/Developmental/Cognitive	9	0.7%
Speech	8	0.7%
Vision	149	12.4%
Hearing	94	7.8%
Neurodiversity/Autism	1	0.1%
A disability not listed	49	4.1%
I do not have a disability	749	62.5%

N=1,116

# Demographics

## Other Disabilities (Fill-in):

- ADD
- Adult Epileptic Seizures
- Agent orange related disabilities from Vietnam
- Amnesia
- Arthritis (3)
- Back Pain (4)
- Bad knee
- Bipolar, schizophrenia
- Cancer
- Chronic Migraines (2)
- COPD (2)
- Chronic pain (2)
- Diabetic
- Enlarged prostate
- Epilepsy (2)
- Essential tremors (2)
- Fibromyalgia (3)
- Ehlers Danlos Syndrome
- Chronic Fatigue Syndrome
- Have 5 pins in my R foot
- Heart problems (2)
- Hips replaced
- Kidney removed-brain tumor
- Kidneys
- Lost right hand
- M.S.
- Military neck wound
- Nerve damage from injury
- Parkinson's
- Peripheral Vascular disease
- Rheumatoid Arthritis (2)
- SSA and SSD
- Stroke related disability
- TBI
- Temporarily using wheelchair (1 year)
- Too many to list
- Walk with walker

# Demographics

Annual Household Income		
What is your annual household income?		
Annual Household Income	N=	Percentage
<\$10,000	57	4.7%
\$10,001-\$25,000	159	13.2%
\$25,001-\$50,000	277	23.1%
\$50,001-\$75,000	224	18.7%
>\$75,001	374	31.1%

N=1,091

Size of Household		
What is the size of your household, including yourself?		
Size of Household	N=	Percentage
1 person	266	22.1%
2 people	458	38.1%
3 people	154	12.8%
4 people	171	14.2%
5 people	87	7.2%
6+ people	41	3.4%

N=1,177

# Demographics

Zip Code		
What is your zip code?		
Zip Code	N=	Percentage
53929	111	9.2%
53941	3	0.2%
53944	60	5.0%
53948	486	40.5%
53950	213	17.7%
53962	3	0.2%
53965	6	0.5%
53968	69	5.7%
54457	1	0.1%
54618	55	4.6%
54634	1	0.1%
54637	9	0.7%
54646	112	9.3%

N=1,134

# Survey Results



# Community

Community			
Think about your community. Your community is where you live, learn, work and play. Please choose whether you agree or disagree with the following statements. You might not completely agree or disagree with the statement, but please choose the answer that best reflects your opinion	Agree	Disagree	I Don't Know
Adults in my community have access to continuing education	57.9%	20.1%	21.6%
I am friendly with most of my neighbors	89.9%	7.2%	1.6%
There are places for people to come together in my community (such as places of worship, community centers, libraries, and/or parks)	89.7%	7.6%	2.2%
I can generally manage the normal stresses of life	91.5%	6.3%	1.8%
I feel safe in my community	89.3%	5.8%	4.7%
Children in my community have access to high quality education	67.5%	14.6%	17.3%
Houses and apartments in my community are affordable and livable	42.0%	31.1%	26.4%
I have enough money to pay for my family's basic needs	86.5%	11.1%	1.7%
People are treated respectfully, regardless of race, culture, religion, gender, sexual orientation, income level, disability, or age	59.3%	25.6%	14.8%
My community supports the needs of elderly people	64.8%	15.4%	18.7%
My community has access to a variety of transportation options (such as public buses, taxis, bikes, bike lanes, trails, and sidewalks)	35.4%	53.6%	10.3%
I have access to healthy food in my community	82.5%	14.8%	2.0%
I have access to the health services I need	87.6%	9.3%	2.5%
I feel like I belong in my community	78.7%	12.0%	8.3%
I trust the public service providers in my community (such as police, public health, and emergency services)	85.6%	8.3%	5.8%
Decisions for the community are made with resident participation	36.2%	28.1%	34.9%
My community supports the needs of people with disabilities	50.8%	16.0%	32.7%
There are opportunities for youth to explore interests and participate in positive activities	44.8%	31.1%	23.4%
I have access to safe and affordable means of exercise	69.8%	20.1%	9.7%
My employer cares about and supports my well-being	57.4%	12.7%	18.1%

# Strengths in the Community

Strengths in Community	
What do you think are the most important strengths in YOUR community?	
Ability to continue living in my home or chosen community as I get older	38.1%
Access to affordable health care (family doctor)	44.4%
Access to affordable healthy foods	21.0%
Access to community parks and green spaces	37.1%
Accessible housing	7.0%
Affordable housing	18.7%
Safe housing	13.2%
Accessible transportation	6.1%
Affordable transportation	4.4%
Clean environment (clean air, clean water)	47.4%
Sense of belonging	16.2%
Good schools	43.8%
Opportunities to practice spiritual beliefs	34.4%
Racial and ethnic diversity	3.3%
Community events	15.2%
Access to affordable child care	4.7%
Community safety	38.4%
Community spaces (such as businesses, parks, etc.) are inclusive to people of all identities	18.4%
Good jobs and strong economy	15.0%
Good place to raise a family	44.4%
Racial and ethnic diversity	3.3%
Strong family life/relationships	32.6%
Access to affordable mental health services	6.3%

# Strengths Continued

## Other Strengths (Fill-in):

- Access to a full-time paramedic service in Mauston EMS
- Able to own property
- Access to community library
- Activities for the youth in the community
- A lake that could be really beautiful if they would dredge it
- Bear arms
- Convenience
- Embrace and display of local history
- Exercise options
- Infrastructure
- Lots of rural and good farmlands for hunting and hiking
- Natural areas, state parks
- Rich in agriculture in the community
- Police, fire, and EMS are great at their jobs and a wonderful tool for our community
- Prompt street plowing
- Rich in agriculture in the community
- No strengths. Every area needs major improvement
- For myself it is what I can do for myself
- All of the above are equal

# Strengths Continued

## Top 5 Responses of Strengths in the Community

- Clean environment (clean air, clean water) (47.4%)
- Good place to raise a family (44.4%)
- Access to affordable health care (family doctor) (44.4%)
- Good schools (43.8%)
- Community Safety (38.4%)

# Areas of Improvement

## Areas of Improvement in Community

### What do you think are the most important areas for improvement in YOUR community?

Ability to continue living in my home or chosen community as I get older	18.3%
Access to affordable health care (family doctor)	23.1%
Access to affordable healthy foods	32.1%
Access to community parks and green spaces	8.1%
Accessible housing	17.5%
Affordable housing	40.8%
Safe housing	11.6%
Accessible transportation	34.7%
Affordable transportation	20.0%
Clean environment (clean air, clean water)	13.2%
Community events	28.0%
Access to affordable child care	30.1%
Community safety	16.9%
Community spaces (such as businesses, parks, etc.) are inclusive to people of all identities	13.8%
Good jobs and strong economy	48.7%
Good place to raise a family	9.3%
Good schools	15.6%
Opportunities to practice spiritual beliefs	3.4%
Racial and ethnic diversity	21.4%
Sense of belonging	13.8%
Strong family life/relationships	7.7%

# Areas of Improvement Continued

## Other: Health Related

- A variety of affordable health care options.
- Access to AODA Services
- Affordable dentistry for all, good mouth care, means better health for all
- Affordable is the missing piece for mental health and health care
- Improving care coordination to ensure people have what they need when they need it to manage their disease processes.
- Inpatient mental health facility
- More specialty doctors IN the community fulltime
- Prescriptions are terrible for diabetics

## Other: Older Adult Related

- ADRC Nutrition Senior meal site and socializing
- Affordable public transportation for elderly
- increase Elderly resources
- Nice to Plexes for 55 and over without having an income base
- Senior housing-Condos
- Senior meal site or place for seniors to gather for activities and social

## Other: Food Related

- More options for affordable and healthy groceries (8)
- More healthy food options, in general (2)

## Other: Drug Related

- Drug rehabilitation options (4)
- Less illegal drug activity; CPS response to concerns

## Other: General Shopping Related

- Need more clothing, household supplies, and just general stores (5)
  - Costco, Walmart, Target, Kohls, Menards, Harbor Freight

# Areas of Improvement Continued

## Other: Youth Related

- Facilities for and Diversity in activities for youth (11)
- Better school system in general
- Lose common core
- Parent resources/ classes
- There needs to be focus on our youth. There is nothing for them to do in their free time outside of school. They are too young to go to the local gyms and there is nothing in Mauston for them to do to stay out of trouble or to develop healthy relationships with others in their community outside of school. There are local parks which are mostly set up for younger kids and only seasonal.

## Other: Whole Community Related

- Roads (2)
- Reliable and affordable internet for everyone (2)
- Building are in need of repair and garbage in people's yards (2)
- Reliable and affordable internet for everyone (2)
- A place for seniors and young people to gather play cards and games
- Change old school long serving paralyzing governmental ideas
- County snowplows need to stop filling in people's driveways
- Covid restrictions need to be lifted - having negative impact
- Discrimination, racism, and intolerance of people with different beliefs
- Entertainment options beyond bars, taverns, etc.
- Keep taxes low we have enough school space for the enrollment numbers use what we got more efficiently
- Property taxes are terribly high
- Lifelong learning programs for adults and youth
- Way too much nepotism in schools and in public sector
- Rec center or YMCA for residents of Juneau Co.
- Sidewalks upgraded
- The Juneau County health department forcing us to wear masks through Governor Evers.
- Lower-level apartments or condos
- Mauston could attract a lot of tourism if they dredged Lake Decorah.
- Morning radio DJ
- Need more 2-bedroom apartments
- Negative attitude toward change and progress

# Areas of Improvement Continued

## Top 5 Areas of Improvement

- Good jobs and strong economy (48.7%)
- Affordable Housing (40.8%)
- Accessible Transportation (34.7%)
- Access to affordable healthy foods (32.1%)
- Access to affordable mental health services (31.9%)

# Internet Access

## Internet Access

### Do you have internet access?

Yes	86.4%
No	12.7%

## Internet Access Continued

### If yes, does your internet access meet your daily needs?

Yes	64.9%
No	20.2%
Not Applicable	6.1%

## Internet Access Continued

### Where do you usually use the internet? (Select all that apply)

At home	83.0%
At work	45.7%
At the library	6.9%
At a friend's home	5.7%
At a family member's home	8.0%
Other	5.5%

# Internet Access Continued

## Other Section:

- On Cellphone (14)
- Restaurants/Grocery (5)
  - McDonald's
  - Taco Bell, Denny's, Festival Food
- Car (3)
- Mobile hotspot (2)
- Church religious education program (2)
- Almost everywhere
- At home I get many interruptions and the service is not the speed I pay for.
- At the gym
- But not affordable
- Cell service is not good, if internet goes out
- School
- I use the internet both at home and school, and there are not a lot of options at home.
- On the road
- The only internet we can get at home is satellite and it is much slower than fiber
- We need it in the country that's affordable yet speedy!!
- Wherever I came get access to strong signal, often times at businesses with guest access
- Work from home

# Physical Health

Physical Health	
<b>Would you say that, in general, your physical health is:</b>	
Excellent	6.8%
Very Good	32.1%
Good	43.4%
Fair	14.7%
Poor	2.2%

Physical Health Changed	
<b>How has your physical health changed overall since COVID-19?</b>	
Better	5.4%
About the same	76.6%
Worse	16.2%

# Mental Health

Mental Health	
<b>Would you say that, in general, your mental health is:</b>	
Excellent	12.2%
Very Good	29.9%
Good	40.0%
Fair	13.4%
Poor	2.8%

Mental Health Changed	
<b>How has your mental health changed overall since COVID-19?</b>	
Better	2.9%
About the same	67.7%
Worse	27.5%

# Providers

## Health Care Provider

**Do you have access to a health care provider when necessary?**

Yes	96.3%
No	2.7%

## Mental Health Care Provider

**Do you have access to a mental health care provider (counselor/social worker/therapist/etc.) when necessary?**

Yes	69.1%
No	25.6%

## Dental Provider

**Do you have access to a dental provider when necessary?**

Yes	88.3%
No	10.1%

# Insurance

## Health Insurance

### Do you currently have health insurance? (Select all that apply)

I have health insurance that meets my needs and is affordable	76.0%
I have health insurance, but it does not meet my needs	6.7%
I have health insurance, but it is not affordable	17.1%
I do not have health insurance	1.7%

## Dental Insurance

### Do you currently have dental insurance? (Select all that apply)

I have dental insurance that meets my needs and is affordable	55.5%
I have dental insurance, but it does not meet my needs	11.4%
I have dental insurance, but it is not affordable	5.9%
I do not have dental insurance	27.7%

# Physical Activity/ Fruits and Vegetables/Eating Out

## Physical Activity

How many days in the past week did you participate in physical activity or exercise?

0 days	13.8%
1 day	9.0%
2 days	16.0%
3 days	19.4%
4 days	13.1%
5 or more days	27.6%

## Fruits/Vegetables

On an average day, how many servings of fruits and vegetables do you eat?

0 servings	3.6%
1-2 servings	56.5%
3-4 servings	32.1%
5 or more servings	7.2%

## Eating Out

How many times in the past week did you eat out? (e.g., fast food, restaurant, carry out, delivery)

0 times	31.4%
1-2 times	55.6%
3-4 times	10.7%
5-6 times	1.7%
7 or more times	0.2%

# Beverages

Beverages				
Which of the following beverages did you consume in the past week? (Select all that apply)				
Regular Soda	29.6%			
Diet Soda	32.0%			
Energy Drinks	9.3%			
Beverages Continued				
How many servings of each did you consume in the last week? 1 serving = 12 ounce				
Servings	0.5-2	3-4	5-6	7+
Regular Soda	41.3%	17.4%	13.2%	23.9%
Diet Soda	35.1%	15.1%	13.5%	31.4%
Energy Drinks	41.6%	21.2%	15.9%	16.8%

# Tobacco Use

## Tobacco Products

In the past 30 days, have you used any of these tobacco products at least once? (Select all that apply)

Cigarettes	10.7%
Electronic cigarettes (e.g. vapes, JUULs, etc.)	1.4%
Regular Cigars	0.4%
Little cigars (e.g., Swisher, Black and Mild)	0.6%
Smokeless tobacco (e.g., chew, snus)	1.8%
None of the above	83.6%
Other	0.0%

## Second-hand Smoke

Are you exposed to secondhand smoke or e-cigarette aerosol at home?

Yes	8.8%
No	89.4%

# Alcohol Use

Alcohol Consumption	
<b>During the past week, on how many days did you have at least one drink of alcohol? (Select one)</b>	
1-2 days	28.1%
3-4 days	7.4%
5-6 days	2.5%
7 days	3.6%
Did not drink	57.4%
<b>On the days you drank alcohol, about how many drinks did you have on average?</b>	
1-2 drinks	33.6%
3-4 drinks	7.3%
5+ drinks	2.5%
Did not drink	53.7%

# Other Mood-Altering Substances

Other Mood-Altering Substances	
In the past 30 days, have you used any of these mood-altering substances at least once? (Select all that apply)	
Marijuana	0.4%
Meth	0.1%
Use of someone else's prescription drugs	0.1%
Cocaine	0.1%
Heroin	0.0%
None of the above	95.8%
Other	0.6%

## Other:

- Brandy
- Brownies made with derivative from marijuana.
- My antidepressants
- My perception drug - escitalopram
- Tylenol
- Wish that Marijuana was available.
- Zoloft Rx

# Support/Seek Help/Suicide

## Support

**When life becomes overwhelming, how many people can you call for support? (e.g., friends, family)**

0 people	5.6%
1-2 people	34.1%
3-4 people	29.4%
5 or more people	29.8%

## Seek Help

**During the past 12 months, was there a time when you wanted to talk with or seek help from a professional about emotional problems such as stress, depression, excess worrying, etc.?**

Yes	30.4%
No	65.0%

## Seek Help

**If yes, did you seek help?**

Yes	20.1%
No	79.9%

## Suicide

**During the past 12 months, did you seriously think about committing suicide?**

Yes	3.7%
No	94.6%

# Health Problems

## Health Problems

Have you ever been told by a health care provider that you have one of the following conditions? (Select all that apply)

Adult-onset Asthma	5.7%
Hypertension or high blood pressure	34.1%
Overweight or Obesity	38.2%
Anxiety	25.6%
Depression	24.0%
Post-Traumatic Stress Disorder (PTSD)	6.1%
Other Mental Illness	1.7%
Angina or Coronary Artery Disease	3.8%
Congestive Heart Failure (CHF)	1.9%
Diabetes or High Blood Sugar	15.1%
High Cholesterol	24.7%
Chronic Obstructive Pulmonary Disease (COPD)	3.0%
Memory Loss	2.8%
Dementia	0.7%
Attention Deficit Disorder (ADD) or Attention Deficit/Hyperactivity Disorder (ADHD)	3.4%
Cancer. If yes, type: _____	8.5%

### Cancer Types:

- Skin (15)
  - Basal Cell (4)
  - Squamous cells
  - Melanoma
- Breast (11)
- Lymphoma (3)
- Prostate (3)
- Uterine (3)
- Bone (2)
- Thyroid (2)
- Non-Hodgkin's b cell lymphoma (2)
- Leukemia (2)
- Bladder
- Colon
- Endometrial
- Follicular
- Heart leakage
- Kidney
- Liver
- Lung
- Myeloproliferative thrombocytosis
- Ovarian
- Pancreatic
- serious adeno carcinoma
- Sinus cancer
- Vagina skin cancer
- Vulva

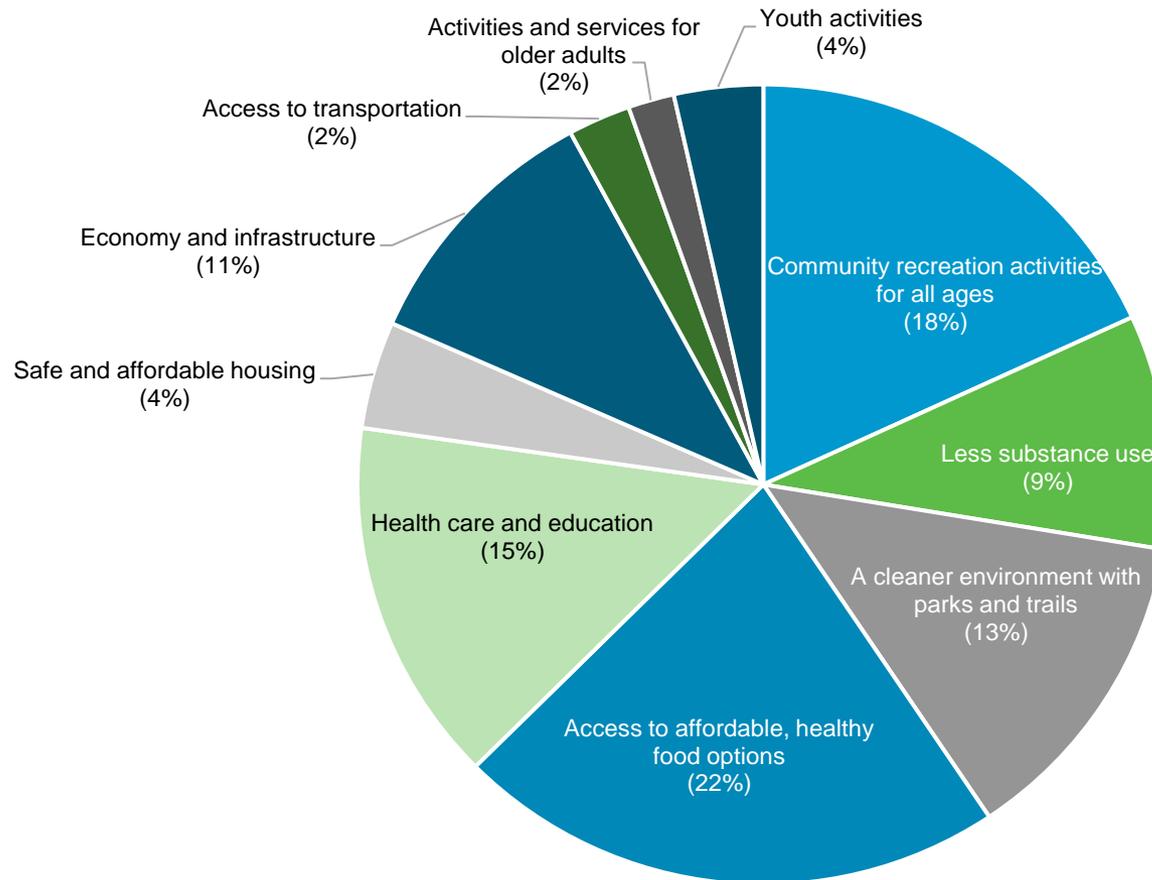
# Open Responses\*

\*The following charts are based on the qualitative data as a result from the four open response questions in the Community Survey. A set of appendices at the end of this report, detail direct quotes from survey responses to each question that the evaluator deemed relevant to highlight

# Open Response #1: Community Health

In your opinion, What would make your community a healthier place to live?

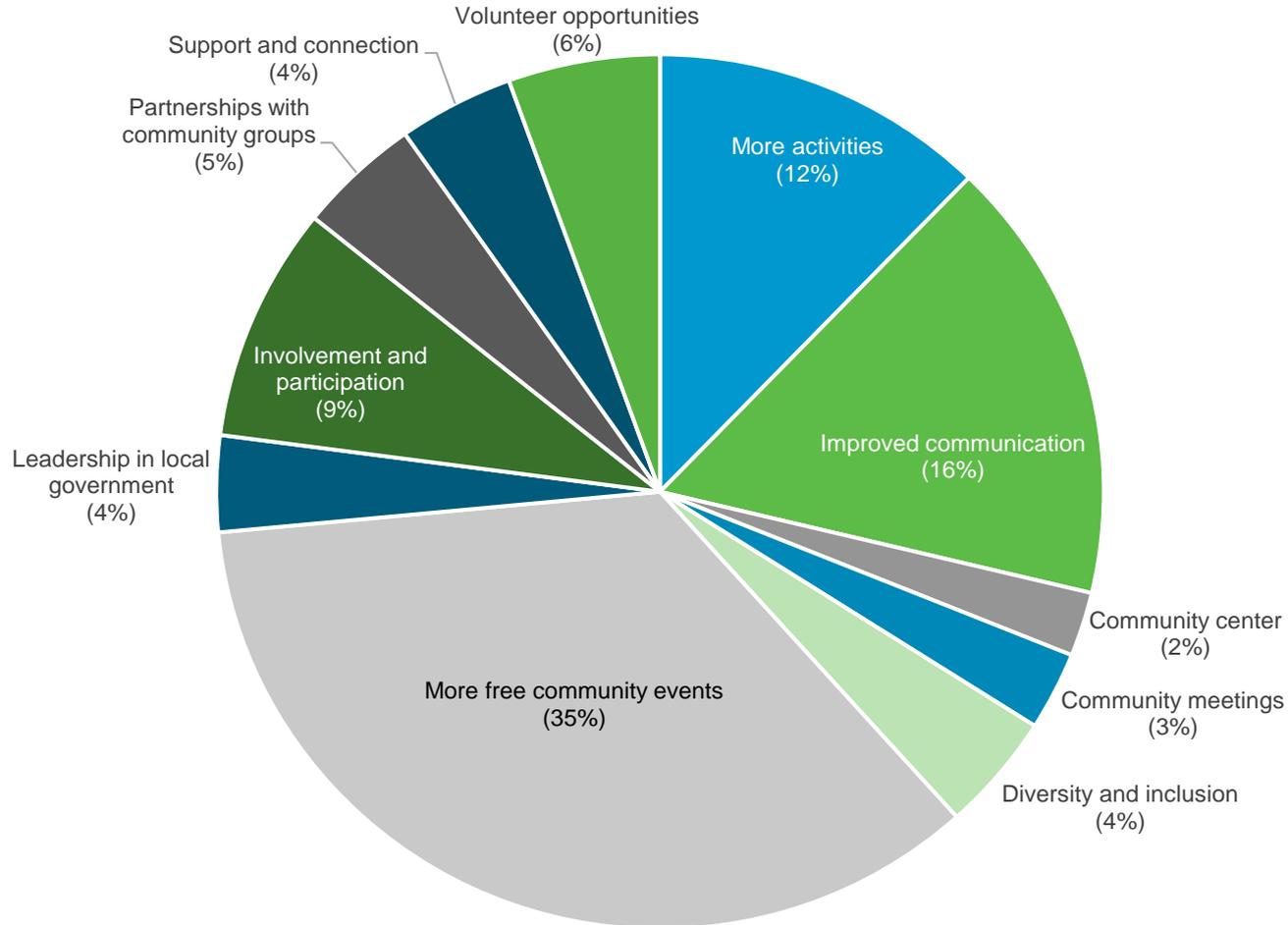
What would make your community a healthier place to live?



# Open Response #2: Community Involvement

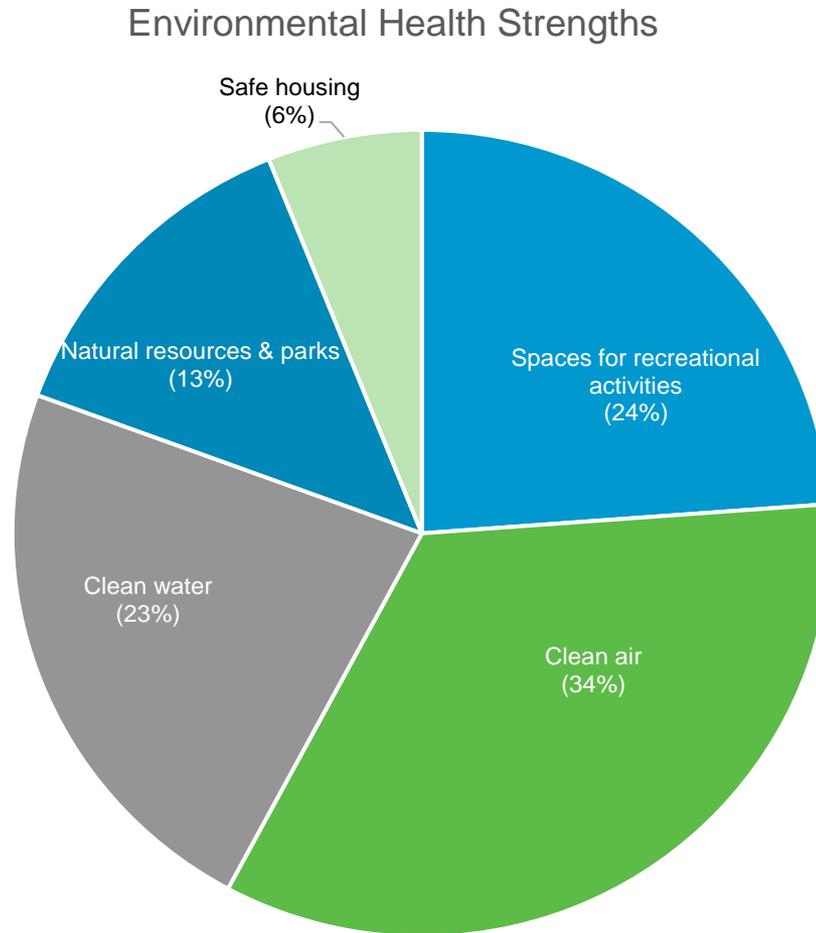
*In your opinion, what are good ways to get residents involved in their community?*

How to get residents involved



# Open Response #3: Environmental Strengths

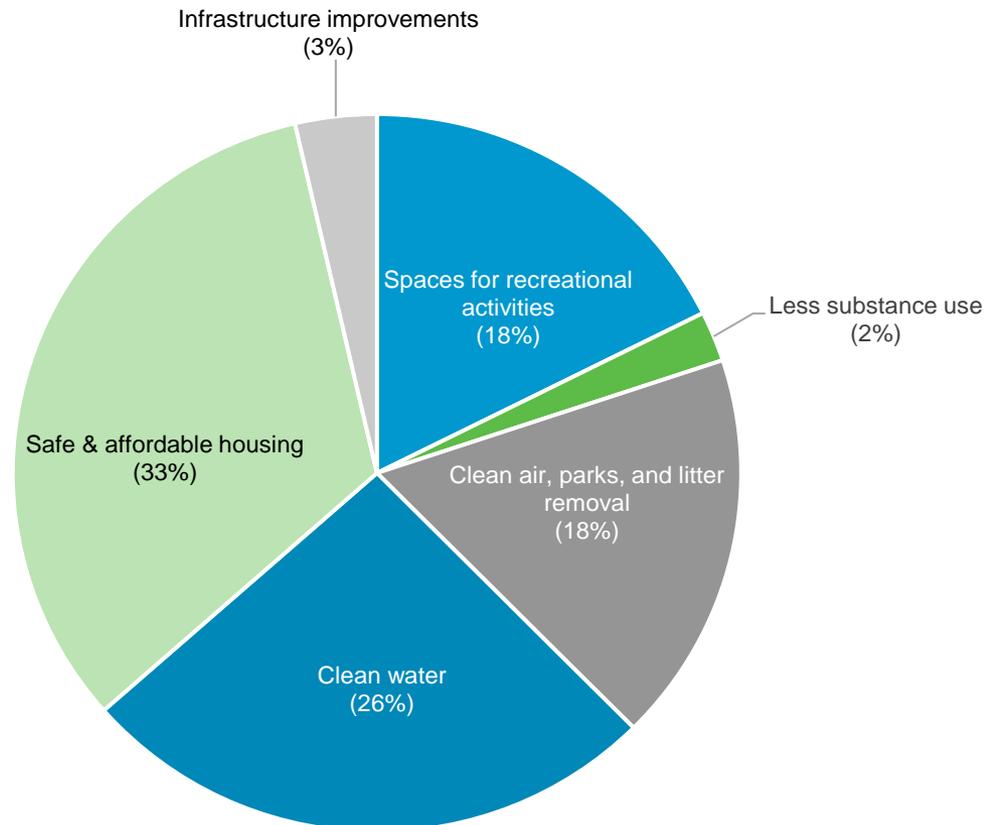
*What do you see as Juneau County's most important strength for environmental health?*



# Open Response #4: Environmental Areas of Improvement

*What do you see as Juneau County's most important area for improvement for environmental health?*

Environment Areas of Improvement

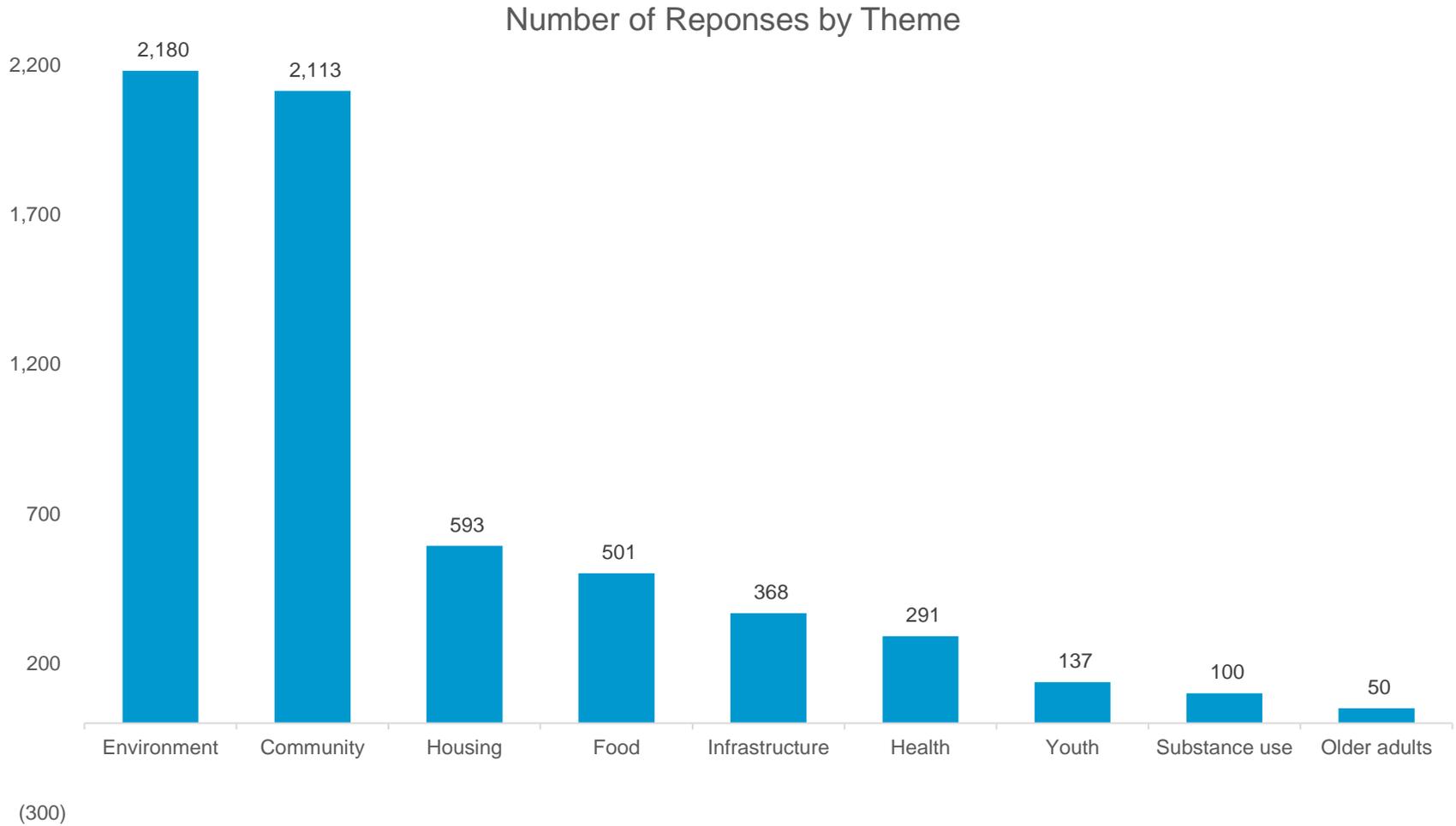


# Overall Observations by Theme

For the following graph, the Themes are as followed:

- **Environment** includes clear air, clean water, environmental clean-up, parks and walking trails.
- **Community** includes community events and activities, community communication, and space for recreational activities.
- **Housing** includes safe and affordable housing and housing repairs.
- **Infrastructure** includes local government, transportation, retail shopping, and available resources.
- **Food** includes affordable, health food options and grocery stores.
- **Health** includes COVID-19, health care access, and mental health needs.
- **Youth** includes activities for youth and schools.
- **Substance use** includes prevalence, treatment services and recovery services.
- **Older adults** includes services and housing for older adults.

# Overall Observations by Theme



# Survey Results by Gender\*

\*Due to a low number of responses for other categories, responses by gender are broken down for those identifying as male or female.

# Community

Community				
Think about your community. Your community is where you live, learn, work and play. Please choose whether you agree or disagree with the following statements. You might not completely agree or disagree with the statement, but please choose the answer that best reflects your opinion		Agree	Disagree	I Don't Know
Adults in my community have access to continuing education	Male	14.2%	4.0%	5.7%
	Female	42.1%	15.4%	15.0%
I am friendly with most of my neighbors	Male	22.0%	1.2%	0.4%
	Female	65.1%	5.7%	1.1%
There are places for people to come together in my community (such as places of worship, community centers, libraries, and/or parks)	Male	21.6%	1.0%	1.1%
	Female	65.7%	6.1%	0.7%
I can generally manage the normal stresses of life	Male	22.1%	1.2%	0.4%
	Female	66.8%	4.7%	1.2%
I feel safe in my community	Male	21.6%	1.3%	0.8%
	Female	64.8%	4.5%	3.5%
Children in my community have access to high quality education	Male	16.6%	3.3%	3.8%
	Female	49.1%	10.9%	12.4%
Houses and apartments in my community are affordable and livable	Male	11.2%	5.2%	7.1%
	Female	29.6%	25.0%	18.2%
I have enough money to pay for my family's basic needs	Male	21.7%	1.6%	0.4%
	Female	62.3%	8.9%	1.2%
People are treated respectfully, regardless of race, culture, religion, gender, sexual orientation, income level, disability, or age	Male	15.0%	4.8%	3.9%
	Female	42.2%	20.1%	10.4%
My community supports the needs of elderly people	Male	16.9%	2.5%	4.2%
	Female	46.0%	12.2%	13.9%
My community has access to a variety of transportation options (such as public buses, taxis, bikes, bike lanes, trails, and sidewalks)	Male	10.1%	10.8%	2.7%
	Female	24.4%	41.0%	7.2%

# Community Continued

Community				
Think about your community. Your community is where you live, learn, work and play. Please choose whether you agree or disagree with the following statements. You might not completely agree or disagree with the statement, but please choose the answer that best reflects your opinion		Agree	Disagree	I Don't Know
I have access to healthy food in my community	Male	20.5%	2.6%	0.5%
	Female	59.7%	11.6%	1.2%
I have access to the health services I need	Male	21.5%	1.6%	0.6%
	Female	63.3%	7.4%	1.8%
I feel like I belong in my community	Male	19.7%	1.9%	1.9%
	Female	57.0%	9.4%	5.9%
I can generally manage the normal stresses of life	Male	22.1%	1.2%	0.4%
I trust the public service providers in my community (such as police, public health, and emergency services)	Male	19.9%	2.6%	1.2%
	Female	62.9%	5.6%	4.2%
Decisions for the community are made with resident participation	Male	10.3%	6.5%	6.8%
	Female	24.6%	21.1%	26.6%
My community supports the needs of people with disabilities	Male	13.9%	3.5%	6.3%
	Female	35.6%	12.0%	24.9%
There are opportunities for youth to explore interests and participate in positive activities	Male	12.2%	5.3%	6.1%
	Female	31.2%	25.1%	16.1%
I have access to safe and affordable means of exercise	Male	18.4%	3.2%	2.2%
	Female	49.5%	16.2%	6.8%
My employer cares about and supports my well-being	Male	13.7%	3.1%	4.4%
	Female	42.5%	9.1%	12.7%
I trust the public service providers in my community (such as police, public health, and emergency services)	Male	19.9%	2.6%	1.2%

# Strengths in the Community

Strengths in Community		
What do you think are the most important strengths in YOUR community?		
Ability to continue living in my home or chosen community as I get older	Male	10.2%
	Female	26.6%
Access to affordable health care (family doctor)	Male	10.6%
	Female	32.1%
Access to affordable healthy foods	Male	4.7%
	Female	15.3%
Access to community parks and green spaces	Male	8.0%
	Female	27.7%
Accessible housing	Male	1.7%
	Female	4.9%
Affordable housing	Male	4.3%
	Female	13.7%
Safe housing	Male	3.2%
	Female	9.1%
Accessible transportation	Male	0.8%
	Female	4.8%
Affordable transportation	Male	0.5%
	Female	3.6%
Clean environment (clean air, clean water)	Male	11.2%
	Female	34.7%
Sense of belonging	Male	3.0%
	Female	12.7%
Opportunities to practice spiritual beliefs	Male	6.7%
	Female	26.7%

# Strengths in the Community Continued

Strengths in Community		
What do you think are the most important strengths in YOUR community?		
Racial and ethnic diversity	Male	0.7%
	Female	2.4%
Community events	Male	2.7%
	Female	11.8%
Access to affordable child care	Male	0.7%
	Female	3.7%
Community safety	Male	8.6%
	Female	28.4%
Community spaces (such as businesses, parks, etc.) are inclusive to people of all identities	Male	3.2%
	Female	14.4%
Good jobs and strong economy	Male	5.0%
	Female	9.2%
Good place to raise a family	Male	10.7%
	Female	32.5%
Strong family life/relationships	Male	7.7%
	Female	23.7%
Access to affordable mental health services	Male	0.9%
	Female	5.0%

# Areas of Improvement

Areas of Improvement in Community		
What do you think are the most important strengths in YOUR community?		
Ability to continue living in my home or chosen community as I get older	Male	4.7%
	Female	12.7%
Access to affordable health care (family doctor)	Male	5.6%
	Female	16.7%
Access to affordable healthy foods	Male	5.5%
	Female	25.6%
Access to community parks and green spaces	Male	1.5%
	Female	6.2%
Accessible housing	Male	3.3%
	Female	13.5%
Affordable housing	Male	8.7%
	Female	31.3%
Safe housing	Male	2.5%
	Female	8.6%
Accessible transportation	Male	6.0%
	Female	27.2%
Affordable transportation	Male	3.5%
	Female	15.6%
Clean environment (clean air, clean water)	Male	3.4%
	Female	9.3%
Community events	Male	6.7%
	Female	20.3%
Access to affordable child care	Male	6.2%
	Female	22.8%

# Areas of Improvement Continued

Areas of Improvement in Community		
What do you think are the most important strengths in YOUR community?		
Community safety	Male	4.4%
	Female	11.9%
Community spaces (such as businesses, parks, etc.) are inclusive to people of all identities	Male	2.8%
	Female	10.7%
Good jobs and strong economy	Male	12.2%
	Female	34.9%
Good place to raise a family	Male	2.6%
	Female	6.5%
Good schools	Male	4.7%
	Female	10.2%
Opportunities to practice spiritual beliefs	Male	0.9%
	Female	2.4%
Racial and ethnic diversity	Male	4.7%
	Female	16.2%
Sense of belonging	Male	3.0%
	Female	10.7%
Strong family life/relationships	Male	2.6%
	Female	4.9%
Access to affordable mental health services	Male	5.2%
	Female	25.9%

# Internet Access

Internet Access		
Do you have internet access?	Yes	No
Male	19.5%	3.9%
Female	64.9%	7.7%

Internet Access Continued			
If yes, does your internet access meet your daily needs?	Yes	No	Not Applicable
Male	14.3%	4.9%	1.7%
Female	48.7%	14.8%	3.9%

Internet Access Continued		
Where do you usually use the internet? (Select all that apply)		
At home	Male	18.8%
	Female	62.1%
At work	Male	9.2%
	Female	35.4%
At the library	Male	1.6%
	Female	5.2%
At a friend's home	Male	0.9%
	Female	4.4%
At a family member's home	Male	1.7%
	Female	5.9%

# Physical Health

Physical Health		
Would you say that, in general, your physical health is:		
Excellent	Male	1.7%
	Female	5.0%
Very Good	Male	7.8%
	Female	23.4%
Good	Male	10.0%
	Female	32.1%
Fair	Male	3.1%
	Female	11.0%
Poor	Male	0.7%
	Female	1.1%

Physical Health Changed		
How has your physical health changed overall since COVID-19?		
Better	Male	1.3%
	Female	3.7%
About the same	Male	18.7%
	Female	55.7%
Worse	Male	3.5%
	Female	12.2%

# Mental Health

## Mental Health

Would you say that, in general, your mental health is:

Excellent	Male	4.2%
	Female	7.9%
Very Good	Male	7.6%
	Female	21.3%
Good	Male	9.2%
	Female	29.5%
Fair	Male	2.3%
	Female	10.5%
Poor	Male	0.3%
	Female	2.3%

## Mental Health Changed

How has your mental health changed overall since COVID-19?

Better	Male	0.7%
	Female	2.1%
About the same	Male	17.7%
	Female	47.5%
Worse	Male	4.9%
	Female	21.9%

# Providers

Health Care Provider		
Do you have access to a health care provider when necessary?	Yes	No
Male	22.8%	0.7%
Female	70.4%	1.7%

Mental Health Care Provider		
Do you have access to a mental health care provider (counselor/social worker/therapist/etc.) when necessary?	Yes	No
Male	17.2%	5.2%
Female	49.4%	19.9%

Dental Provider		
Do you have access to a dental provider when necessary?	Yes	No
Male	21.5%	2.1%
Female	64.1%	7.7%

# Insurance

## Health Insurance

**Do you currently have health insurance? (Select all that apply)**

I have health insurance that meets my needs and is affordable	Male	17.8%
	Female	55.9%
I have health insurance, but it does not meet my needs	Male	1.2%
	Female	5.1%
I have health insurance, but it is not affordable	Male	4.0%
	Female	12.4%
I do not have health insurance	Male	0.6%
	Female	1.1%

## Dental Insurance

**Do you currently have dental insurance? (Select all that apply)**

I have dental insurance that meets my needs and is affordable	Male	11.0%
	Female	42.7%
I have dental insurance, but it does not meet my needs	Male	2.4%
	Female	8.7%
I have dental insurance, but it is not affordable	Male	1.1%
	Female	4.6%
I do not have dental insurance	Male	9.4%
	Female	17.6%

# Physical Activity/ Fruits and Vegetables

## Physical Activity

How many days in the past week did you participate in physical activity or exercise?

0 days	Male	2.4%
	Female	10.7%
1 day	Male	1.7%
	Female	6.8%
2 days	Male	3.2%
	Female	12.2%
3 days	Male	3.9%
	Female	14.9%
4 days	Male	3.6%
	Female	9.2%
5 or more days	Male	8.8%
	Female	18.1%

## Fruits/Vegetables

On an average day, how many servings of fruits and vegetables do you eat?

0 servings	Male	1.2%
	Female	2.2%
1-2 servings	Male	14.3%
	Female	40.7%
3-4 servings	Male	6.9%
	Female	23.6%
5 or more servings	Male	1.2%
	Female	5.9%

# Eating Out

Eating Out		
How many times in the past week did you eat out? (e.g., fast food, restaurant, carry out, delivery)		
0 times	Male	7.4%
	Female	23.1%
1-2 times	Male	13.2%
	Female	40.8%
3-4 times	Male	2.6%
	Female	7.4%
5-6 times	Male	0.4%
	Female	1.2%
7 or more times	Male	0.2%
	Female	0.0%

# Beverages

Beverages		
Which of the following beverages did you consume in the past week? (Select all that apply)		
Regular Soda	Male	7.8%
	Female	20.8%
Diet Soda	Male	7.3%
	Female	23.6%
Energy Drinks	Male	2.9%
	Female	6.2%

Eating Out		
How many times in the past week did you eat out? (e.g., fast food, restaurant, carry out, delivery)		
0 times	Male	7.4%
	Female	23.1%
1-2 times	Male	13.2%
	Female	40.8%
3-4 times	Male	2.6%
	Female	7.4%
5-6 times	Male	0.4%
	Female	1.2%
7 or more times	Male	0.2%
	Female	0.0%

# Tobacco Use

## Tobacco Products

In the past 30 days, have you used any of these tobacco products at least once? (Select all that apply)

Cigarettes	Male	1.7%
	Female	8.5%
Electronic cigarettes (e.g. vapes, JUULs, etc.)	Male	0.1%
	Female	1.1%
Regular Cigars	Male	0.2%
	Female	0.2%
Little cigars (e.g., Swisher, Black and Mild)	Male	0.4%
	Female	0.1%
Smokeless tobacco (e.g., chew, snus)	Male	1.5%
	Female	0.1%
None of the above	Male	19.8%
	Female	61.4%

## Second-hand Smoke

Are you exposed to secondhand smoke or e-cigarette aerosol at home?	Yes	No
Male	1.0%	7.4%
Female	64.4%	22.6%

# Alcohol Use

## Alcohol Consumption

During the past week, on how many days did you have at least one drink of alcohol?

1-2 days	Male	7.2%
	Female	20.3%
3-4 days	Male	2.7%
	Female	4.5%
5-6 days	Male	0.7%
	Female	1.5%
7 days	Male	1.7%
	Female	1.9%
Did not drink	Male	11.5%
	Female	44.2%

## Alcohol Consumption Continued

On the days you drank alcohol, about how many drinks did you have on average?

1-2 drinks	Male	9.2%
	Female	23.5%
3-4 drinks	Male	2.3%
	Female	4.7%
5+ drinks	Male	0.9%
	Female	1.4%
Did not drink	Male	10.8%
	Female	41.2%

# Other Mood-Altering Substances

Other Mood-Altering Substances		
In the past 30 days, have you used any of these mood-altering substances at least once? (Select all that apply)		
Marijuana	Male	0.2%
	Female	0.7%
Meth	Male	0.0%
	Female	0.0%
Use of someone else's prescription drugs	Male	0.0%
	Female	0.0%
Cocaine	Male	0.0%
	Female	0.1%
Heroin	Male	0.0%
	Female	0.0%
None of the above	Male	23.1%
	Female	69.9%

# Support/Seek Help/Suicide

Support		
When life becomes overwhelming, how many people can you call for support? (e.g., friends, family)		
0 people	Male	2.2%
	Female	3.2%
1-2 people	Male	8.2%
	Female	24.9%
3-4 people	Male	6.2%
	Female	22.2%
5 or more people	Male	0.2%
	Female	22.1%

Seek Help		
During the past 12 months, was there a time when you wanted to talk with or seek help from a professional about emotional problems such as stress, depression, excess worrying, etc.?	Yes	No
Male	4.3%	17.7%
Female	25.4%	45.2%

Seek Help Continued		
If yes, did you seek help?	Yes	No
Male	1.9%	0.1%
Female	9.1%	34.4%

Suicide		
During the past 12 months, did you seriously think about committing suicide?	Yes	No
Male	0.4%	23.1%
Female	3.0%	68.9%

# Health Problems

## Health Problems Continued

Have you ever been told by a health care provider that you have one of the following conditions? (Select all that apply)		
Adult-onset Asthma	Male	1.1%
	Female	4.4%
Hypertension or high blood pressure	Male	9.7%
	Female	23.2%
Overweight or Obesity	Male	7.7%
	Female	29.1%
Anxiety	Male	2.3%
	Female	22.3%
Depression	Male	2.6%
	Female	20.7%
Post-Traumatic Stress Disorder (PTSD)	Male	1.0%
	Female	4.9%
Other Mental Illness	Male	0.2%
	Female	1.4%
Angina or Coronary Artery Disease	Male	1.5%
	Female	2.0%
Congestive Heart Failure (CHF)	Male	0.7%
	Female	1.0%

# Health Problems Continued

Health Problems Continued		
Have you ever been told by a health care provider that you have one of the following conditions? (Select all that apply)		
Diabetes or High Blood Sugar	Male	4.3%
	Female	9.9%
High Cholesterol	Male	6.8%
	Female	16.6%
Chronic Obstructive Pulmonary Disease (COPD)	Male	0.9%
	Female	2.0%
Memory Loss	Male	0.8%
	Female	1.9%
Dementia	Male	0.1%
	Female	0.5%
Attention Deficit Disorder (ADD) or Attention Deficit/Hyperactivity Disorder (ADHD)	Male	0.4%
	Female	2.8%
Cancer. If yes, type: _____	Male	2.5%
	Female	6.6%

# Survey Results by Age\*

\*Due to a low number of responses in both the “Under 18 years”, “25-34 years”, and “18-24 years” categories, responses by age are presented for “35-44 years”, “45-54 years”, “55-64 years”, “65-74”, and “75+”

# Community

Community				
Think about your community. Your community is where you live, learn, work and play. Please choose whether you agree or disagree with the following statements. You might not completely agree or disagree with the statement, but please choose the answer that best reflects your opinion		Agree	Disagree	I Don't Know
Adults in my community have access to continuing education	35-44	9.0%	3.6%	2.8%
	45-54	10.3%	3.7%	3.1%
	55-64	12.0%	3.8%	4.2%
	65-74	9.1%	2.7%	4.2%
	75+	9.5%	1.0%	4.7%
I am friendly with most of my neighbors	35-44	13.8%	1.4%	0.2%
	45-54	15.3%	1.5%	0.3%
	55-64	18.2%	1.5%	0.2%
	65-74	14.2%	1.0%	0.2%
	75+	14.2%	0.4%	0.3%
There are places for people to come together in my community (such as places of worship, community centers, libraries, and/or parks)	35-44	13.9%	1.5%	0.2%
	45-54	15.2%	1.6%	0.3%
	55-64	18.7%	0.9%	0.3%
	65-74	14.7%	0.8%	0.4%
	75+	14.1%	0.5%	0.5%
I can generally manage the normal stresses of life	35-44	14.3%	0.9%	0.3%
	45-54	15.6%	1.4%	0.2%
	55-64	18.4%	1.2%	0.4%
	65-74	15.5%	0.2%	0.2%
	75+	14.8%	0.2%	0.2%

# Community Continued

Community				
Think about your community. Your community is where you live, learn, work and play. Please choose whether you agree or disagree with the following statements. You might not completely agree or disagree with the statement, but please choose the answer that best reflects your opinion		Agree	Disagree	I Don't Know
I feel safe in my community	35-44	13.8%	0.9%	0.7%
	45-54	14.3%	1.7%	1.1%
	55-64	18.1%	1.0%	1.0%
	65-74	14.9%	0.4%	0.7%
	75+	15.0%	0.3%	0.1%
Children in my community have access to high quality education	35-44	10.2%	3.7%	1.7%
	45-54	11.7%	3.7%	1.7%
	55-64	13.8%	2.2%	3.7%
	65-74	10.5%	0.9%	4.3%
	75+	11.5%	0.3%	3.6%
Houses and apartments in my community are affordable and livable	35-44	6.8%	6.3%	2.4%
	45-54	5.9%	7.2%	3.9%
	55-64	7.9%	5.3%	6.7%
	65-74	5.8%	3.8%	6.2%
	75+	8.0%	1.9%	5.4%
My employer cares about and supports my well-being	35-44	11.4%	3.0%	1.2%
	45-54	12.2%	3.4%	1.4%
	55-64	12.7%	2.7%	3.7%
	65-74	5.6%	1.6%	5.2%
	75+	3.3%	0.1%	5.2%

# Community Continued

Community				
Think about your community. Your community is where you live, learn, work and play. Please choose whether you agree or disagree with the following statements. You might not completely agree or disagree with the statement, but please choose the answer that best reflects your opinion		Agree	Disagree	I Don't Know
I have enough money to pay for my family's basic needs	35-44	13.2%	2.2%	0.1%
	45-54	14.6%	2.2%	0.2%
	55-64	18.3%	1.4%	0.2%
	65-74	14.2%	1.2%	0.5%
	75+	0.2%	13.9%	1.0%
People are treated respectfully, regardless of race, culture, religion, gender, sexual orientation, income level, disability, or age	35-44	9.4%	5.2%	1.1%
	45-54	11.5%	5.2%	2.6%
	55-64	9.6%	3.1%	3.3%
	65-74	10.8%	1.6%	3.2%
	75+	10.8%	0.2%	2.9%
My community supports the needs of elderly people	35-44	9.7%	2.7%	3.2%
	45-54	9.7%	3.2%	4.2%
	55-64	12.7%	3.2%	3.6%
	65-74	10.4%	2.5%	2.9%
	75+	12.2%	1.3%	1.5%
My community has access to a variety of transportation options (such as public buses, taxis, bikes, bike lanes, trails, and sidewalks)	35-44	5.2%	9.2%	1.1%
	45-54	4.9%	10.6%	1.7%
	55-64	6.4%	11.7%	1.8%
	65-74	6.5%	7.7%	1.7%
	75+	7.7%	4.8%	2.6%

# Community Continued

Community				
Think about your community. Your community is where you live, learn, work and play. Please choose whether you agree or disagree with the following statements. You might not completely agree or disagree with the statement, but please choose the answer that best reflects your opinion		Agree	Disagree	I Don't Know
I have access to healthy food in my community	35-44	12.3%	3.0%	0.2%
	45-54	13.2%	3.2%	0.7%
	55-64	16.8%	2.7%	0.2%
	65-74	14.1%	1.3%	0.5%
	75+	14.2%	0.8%	0.2%
I have access to the health services I need	35-44	13.0%	2.0%	0.3%
	45-54	14.6%	2.0%	0.6%
	55-64	17.4%	2.0%	0.6%
	65-74	14.3%	1.1%	0.5%
	75+	14.3%	0.7%	0.2%
I feel like I belong in my community	35-44	12.2%	2.6%	0.7%
	45-54	12.7%	2.9%	1.3%
	55-64	16.0%	1.9%	1.8%
	65-74	12.9%	1.6%	1.2%
	75+	13.4%	0.4%	1.3%
I trust the public service providers in my community (such as police, public health, and emergency services)	35-44	12.7%	2.0%	0.9%
	45-54	14.2%	2.0%	0.9%
	55-64	17.5%	1.2%	1.3%
	65-74	13.7%	1.2%	1.0%
	75+	14.4%	0.2%	0.7%

# Community Continued

Community				
Think about your community. Your community is where you live, learn, work and play. Please choose whether you agree or disagree with the following statements. You might not completely agree or disagree with the statement, but please choose the answer that best reflects your opinion		Agree	Disagree	I Don't Know
Decisions for the community are made with resident participation	35-44	6.0%	5.7%	3.8%
	45-54	5.2%	6.2%	5.7%
	55-64	6.0%	5.7%	3.8%
	65-74	5.7%	4.3%	5.9%
	75+	5.7%	2.2%	7.2%
My community supports the needs of people with disabilities	35-44	7.5%	3.2%	4.8%
	45-54	8.2%	3.2%	5.8%
	55-64	10.2%	3.4%	6.5%
	65-74	8.5%	2.2%	5.1%
	75+	8.6%	1.5%	5.2%
There are opportunities for youth to explore interests and participate in positive activities	35-44	6.3%	7.2%	2.0%
	45-54	6.9%	7.1%	3.2%
	55-64	8.4%	6.8%	4.7%
	65-74	7.2%	3.7%	5.0%
	75+	6.9%	1.7%	6.4%
I have access to safe and affordable means of exercise	35-44	10.7%	4.1%	0.7%
	45-54	11.7%	4.4%	1.1%
	55-64	15.2%	2.9%	1.9%
	65-74	10.8%	3.3%	1.8%
	75+	11.0%	1.3%	2.7%

# Strengths in the Community

## Strengths in Community

What do you think are the most important strengths in YOUR community?

Ability to continue living in my home or chosen community as I get older	35-44	3.6%
	45-54	3.7%
	55-64	8.5%
	65-74	8.1%
	75+	10.2%
Access to affordable health care (family doctor)	35-44	4.7%
	45-54	5.7%
	55-64	8.8%
	65-74	8.7%
	75+	10.8%
Access to affordable healthy foods	35-44	1.9%
	45-54	2.2%
	55-64	4.0%
	65-74	4.9%
	75+	5.2%
Access to community parks and green spaces	35-44	6.4%
	45-54	7.9%
	55-64	7.3%
	65-74	6.2%
	75+	3.2%

# Strengths in the Community Continued

Strengths in Community		
What do you think are the most important strengths in YOUR community?		
Accessible housing	35-44	1.2%
	45-54	0.4%
	55-64	0.2%
	65-74	1.5%
	75+	1.8%
Affordable housing	35-44	3.3%
	45-54	2.6%
	55-64	3.1%
	65-74	2.9%
	75+	3.0%
Safe housing	35-44	2.5%
	45-54	1.6%
	55-64	2.0%
	65-74	1.6%
	75+	2.7%
Accessible transportation	35-44	1.1%
	45-54	0.8%
	55-64	0.9%
	65-74	0.6%
	75+	1.4%

# Strengths in the Community Continued

Strengths in Community		
What do you think are the most important strengths in YOUR community?		
Affordable transportation	35-44	0.5%
	45-54	0.6%
	55-64	0.5%
	65-74	0.2%
	75+	1.8%
Clean environment (clean air, clean water)	35-44	7.9%
	45-54	8.2%
	55-64	9.8%
	65-74	8.0%
	75+	6.8%
Sense of belonging	35-44	2.6%
	45-54	2.2%
	55-64	3.6%
	65-74	3.0%
	75+	2.0%
Good schools	35-44	6.6%
	45-54	7.7%
	55-64	8.4%
	65-74	6.4%
	75+	6.5%

# Strengths in the Community Continued

## Strengths in Community

What do you think are the most important strengths in YOUR community?

Opportunities to practice spiritual beliefs	35-44	5.1%
	45-54	5.8%
	55-64	7.0%
	65-74	6.2%
	75+	6.0%
Racial and ethnic diversity	35-44	0.5%
	45-54	0.4%
	55-64	0.4%
	65-74	0.7%
	75+	0.5%
Community events	35-44	2.7%
	45-54	2.2%
	55-64	3.0%
	65-74	2.2%
	75+	2.2%
Access to affordable child care	35-44	1.2%
	45-54	0.7%
	55-64	0.4%
	65-74	0.4%
	75+	0.3%

# Strengths in the Community Continued

Strengths in Community		
What do you think are the most important strengths in YOUR community?		
Community spaces (such as businesses, parks, etc.) are inclusive to people of all identities	35-44	3.7%
	45-54	3.3%
	55-64	3.2%
	65-74	1.7%
	75+	2.1%
Good jobs and strong economy	35-44	2.9%
	45-54	2.9%
	55-64	3.2%
	65-74	1.9%
	75+	1.5%
Good place to raise a family	35-44	8.1%
	45-54	8.2%
	55-64	9.3%
	65-74	5.9%
	75+	5.1%
Community safety	35-44	6.3%
	45-54	6.2%
	55-64	7.4%
	65-74	6.8%
	75+	5.8%

# Areas of Improvement in the Community

Areas of Improvement in Community		
What do you think are the most important areas for improvement in YOUR community?		
Ability to continue living in my home or chosen community as I get older	35-44	1.2%
	45-54	2.0%
	55-64	4.2%
	65-74	3.7%
	75+	5.8%
Access to affordable health care (family doctor)	35-44	3.5%
	45-54	3.7%
	55-64	4.8%
	65-74	3.0%
	75+	4.5%
Access to affordable healthy foods	35-44	5.5%
	45-54	6.7%
	55-64	6.6%
	65-74	3.7%
	75+	4.0%
Access to community parks and green spaces	35-44	2.0%
	45-54	1.3%
	55-64	1.5%
	65-74	0.7%
	75+	0.7%

# Areas of Improvement in the Community Continued

Areas of Improvement in Community		
What do you think are the most important areas for improvement in YOUR community?		
Accessible housing	35-44	2.7%
	45-54	3.0%
	55-64	3.7%
	65-74	3.0%
	75+	2.3%
Affordable housing	35-44	5.6%
	45-54	7.5%
	55-64	9.1%
	65-74	7.5%
	75+	5.7%
Accessible transportation	35-44	6.2%
	45-54	6.0%
	55-64	7.3%
	65-74	5.6%
	75+	4.4%
Affordable transportation	35-44	3.2%
	45-54	3.3%
	55-64	4.2%
	65-74	3.2%
	75+	3.0%

# Areas of Improvement in the Community Continued

Areas of Improvement in Community		
What do you think are the most important areas for improvement in YOUR community?		
Safe housing	35-44	2.2%
	45-54	1.5%
	55-64	1.5%
	65-74	2.1%
	75+	2.7%
Clean environment (clean air, clean water)	35-44	1.0%
	45-54	1.9%
	55-64	2.4%
	65-74	2.2%
	75+	3.0%
Community events	35-44	4.9%
	45-54	5.7%
	55-64	5.6%
	65-74	3.9%
	75+	2.5%
Access to affordable child care	35-44	5.6%
	45-54	5.4%
	55-64	4.2%
	65-74	5.2%
	75+	2.5%

# Areas of Improvement in the Community Continued

Areas of Improvement in Community		
What do you think are the most important areas for improvement in YOUR community?		
Community safety	35-44	1.6%
	45-54	3.1%
	55-64	3.2%
	65-74	2.5%
	75+	4.4%
Community spaces (such as businesses, parks, etc.) are inclusive to people of all identities	35-44	2.6%
	45-54	2.3%
	55-64	2.7%
	65-74	1.9%
	75+	1.4%
Good jobs and strong economy	35-44	7.4%
	45-54	9.1%
	55-64	10.1%
	65-74	8.8%
	75+	6.9%
Good place to raise a family	35-44	1.2%
	45-54	1.6%
	55-64	1.5%
	65-74	1.6%
	75+	1.7%

# Areas of Improvement in the Community Continued

## Areas of Improvement in Community

What do you think are the most important areas for improvement in YOUR community?

Good schools	35-44	3.6%
	45-54	1.8%
	55-64	2.6%
	65-74	1.8%
	75+	2.8%
Opportunities to practice spiritual beliefs	35-44	0.5%
	45-54	0.3%
	55-64	0.5%
	65-74	0.2%
	75+	1.6%
Racial and ethnic diversity	35-44	3.9%
	45-54	3.3%
	55-64	4.4%
	65-74	3.2%
	75+	2.2%

# Areas of Improvement in the Community Continued

Areas of Improvement in Community		
What do you think are the most important areas for improvement in YOUR community?		
Sense of belonging	35-44	1.8%
	45-54	2.7%
	55-64	2.5%
	65-74	2.4%
	75+	2.5%
Strong family life/relationships	35-44	0.6%
	45-54	0.8%
	55-64	2.0%
	65-74	1.7%
	75+	1.5%
Access to affordable mental health services	35-44	6.2%
	45-54	5.9%
	55-64	6.7%
	65-74	3.8%
	75+	2.2%

# Internet Access

Internet Access		
Do you have internet access?	Yes	No
35-44	14.7%	0.7%
45-54	16.4%	0.7%
55-64	17.7%	2.1%
65-74	13.5%	2.5%
75+	9.2%	5.8%

Internet Access Continued			
If yes, does your internet access meet your daily needs?	Yes	No	Not Applicable
35-44	10.9%	3.7%	0.7%
45-54	11.5%	4.9%	0.5%
55-64	14.1%	3.9%	0.7%
65-74	9.4%	3.2%	1.9%
75+	7.6%	1.0%	1.6%

# Internet Access Continued

Internet Access Continued		
Where do you usually use the internet? (Select all that apply)		
At the library	35-44	1.2%
	45-54	1.2%
	55-64	1.7%
	65-74	1.2%
	75+	0.7%
At a friend's home	35-44	1.1%
	45-54	0.7%
	55-64	0.9%
	65-74	0.4%
	75+	0.2%
At a family member's home	35-44	1.4%
	45-54	1.2%
	55-64	1.2%
	65-74	0.7%
	75+	0.6%

# Internet Access Continued

Internet Access Continued		
Where do you usually use the internet? (Select all that apply)		
At home	35-44	14.6%
	45-54	15.5%
	55-64	16.5%
	65-74	12.7%
	75+	9.1%
At work	35-44	11.6%
	45-54	11.0%
	55-64	9.3%
	65-74	2.3%
	75+	0.7%

# Physical Health

## Physical Health

Would you say that, in general, your physical health is:

Excellent	35-44	1.5%
	45-54	1.5%
	55-64	1.4%
	65-74	0.9%
	75+	0.5%
Very Good	35-44	4.4%
	45-54	5.9%
	55-64	7.1%
	65-74	4.7%
	75+	4.7%
Good	35-44	7.1%
	45-54	7.6%
	55-64	7.9%
	65-74	7.6%
	75+	6.2%

# Physical Health Continued

Physical Health		
Would you say that, in general, your physical health is:		
Fair	35-44	2.2%
	45-54	1.7%
	55-64	2.9%
	65-74	2.4%
	75+	3.2%
Poor	35-44	0.0%
	45-54	0.3%
	55-64	0.6%
	65-74	0.3%
	75+	0.8%

# Physical Health Continued

## Physical Health Changed

### How has your physical health changed overall since COVID-19?

Better	35-44	1.5%
	45-54	1.1%
	55-64	1.1%
	65-74	0.5%
	75+	0.1%
About the same	35-44	11.2%
	45-54	11.5%
	55-64	16.2%
	65-74	13.7%
	75+	12.8%
Worse	35-44	2.7%
	45-54	4.4%
	55-64	2.5%
	65-74	1.7%
	75+	1.5%

# Mental Health

## Mental Health

Would you say that, in general, your mental health is:

Excellent	35-44	1.1%
	45-54	1.6%
	55-64	3.3%
	65-74	2.6%
	75+	2.7%
Very Good	35-44	3.8%
	45-54	5.1%
	55-64	6.8%
	65-74	5.7%
	75+	4.9%
Good	35-44	6.9%
	45-54	7.4%
	55-64	7.7%
	65-74	6.1%
	75+	6.2%

# Mental Health Continued

Mental Health		
Would you say that, in general, your mental health is:		
Fair	35-44	3.0%
	45-54	2.2%
	55-64	1.8%
	65-74	1.3%
	75+	1.5%
Poor	35-44	0.3%
	45-54	0.3%
	55-64	0.2%
	65-74	0.3%
	75+	0.1%

# Mental Health Continued

Mental Health Changed		
How has your mental health changed overall since COVID-19?		
Better	35-44	0.5%
	45-54	0.6%
	55-64	0.7%
	65-74	0.2%
	75+	0.2%
About the same	35-44	9.3%
	45-54	9.7%
	55-64	4.6%
	65-74	12.7%
	75+	12.8%
Worse	35-44	5.6%
	45-54	6.3%
	55-64	4.6%
	65-74	3.0%
	75+	1.7%

# Providers

Health Care Provider		
Do you have access to a health care provider when necessary?	Yes	No
35-44	15.1%	0.4%
45-54	16.8%	0.3%
55-64	18.9%	1.1%
65-74	15.6%	0.2%
75+	14.7%	0.2%
Mental Health Care Provider		
Do you have access to a mental health care provider (counselor/social worker/therapist/etc.) when necessary?	Yes	No
35-44	11.0%	4.5%
45-54	12.1%	5.0%
55-64	14.1%	5.2%
65-74	10.6%	4.0%
75+	10.1%	2.7%
Dental Provider		
Do you have access to a dental provider when necessary?	Yes	No
35-44	14.4%	1.2%
45-54	15.3%	1.8%
55-64	18.2%	1.7%
65-74	13.5%	2.1%
75+	13.5%	0.9%

# Insurance

## Health Insurance

Do you currently have health insurance? (Select all that apply)

I have health insurance that meets my needs and is affordable	35-44	11.6%
	45-54	12.6%
	55-64	14.2%
	65-74	12.7%
	75+	13.1%
I have health insurance, but it does not meet my needs	35-44	0.7%
	45-54	0.9%
	55-64	1.9%
	65-74	1.6%
	75+	0.3%
I have health insurance, but it is not affordable	35-44	3.2%
	45-54	3.6%
	55-64	4.1%
	65-74	1.5%
	75+	1.7%
I do not have health insurance	35-44	0.2%
	45-54	0.2%
	55-64	0.7%
	65-74	0.3%
	75+	0.1%

# Insurance Continued

Dental Insurance		
Do you currently have dental insurance? (Select all that apply)		
I have dental insurance that meets my needs and is affordable	35-44	12.0%
	45-54	11.9%
	55-64	11.6%
	65-74	5.5%
	75+	3.0%
I have dental insurance, but it does not meet my needs	35-44	1.7%
	45-54	2.1%
	55-64	2.7%
	65-74	2.0%
	75+	1.3%
I have dental insurance, but it is not affordable	35-44	1.1%
	45-54	1.2%
	55-64	1.7%
	65-74	0.3%
	75+	0.3%
I do not have dental insurance	35-44	0.9%
	45-54	2.0%
	55-64	4.6%
	65-74	8.2%
	75+	10.5%

# Physical Activity

Physical Activity		
How many days in the past week did you participate in physical activity or exercise?		
0 days	35-44	1.7%
	45-54	2.6%
	55-64	1.8%
	65-74	1.5%
	75+	3.8%
1 day	35-44	1.6%
	45-54	1.6%
	55-64	2.1%
	65-74	1.2%
	75+	1.1%
2 days	35-44	2.7%
	45-54	3.2%
	55-64	3.2%
	65-74	2.1%
	75+	1.6%

# Physical Activity Continued

Physical Activity		
How many days in the past week did you participate in physical activity or exercise?		
3 days	35-44	3.2%
	45-54	3.1%
	55-64	3.2%
	65-74	3.2%
	75+	2.9%
4 days	35-44	1.7%
	45-54	2.5%
	55-64	2.2%
	65-74	2.3%
	75+	1.7%
5 or more days	35-44	4.4%
	45-54	4.0%
	55-64	7.3%
	65-74	5.4%
	75+	3.7%

# Fruits/Vegetables

Fruits/Vegetables		
On an average day, how many servings of fruits and vegetables do you eat?		
0 servings	35-44	0.8%
	45-54	0.9%
	55-64	0.5%
	65-74	0.9%
	75+	0.1%
1-2 servings	35-44	8.5%
	45-54	10.0%
	55-64	11.3%
	65-74	8.7%
	75+	8.2%
3-4 servings	35-44	4.2%
	45-54	5.1%
	55-64	6.5%
	65-74	5.4%
	75+	5.9%
5 or more servings	35-44	2.0%
	45-54	1.1%
	55-64	1.7%
	65-74	0.9%
	75+	0.9%

# Eating Out

Eating Out		
How many times in the past week did you eat out? (e.g., fast food, restaurant, carry out, delivery)		
0 times	35-44	3.0%
	45-54	4.2%
	55-64	7.0%
	65-74	6.5%
	75+	8.2%
1-2 times	35-44	10.4%
	45-54	10.1%
	55-64	10.9%
	65-74	7.9%
	75+	5.9%
3-4 times	35-44	2.0%
	45-54	2.2%
	55-64	1.6%
	65-74	1.2%
	75+	1.0%
5-6 times	35-44	0.2%
	45-54	0.6%
	55-64	0.5%
	65-74	0.2%
	75+	0.1%
7 or more times	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	0.2%

# Beverages

## Beverages

Which of the following beverages did you consume in the past week? (Select all that apply)

Regular Soda	35-44	5.2%
	45-54	5.0%
	55-64	6.2%
	65-74	3.9%
	75+	2.6%
Diet Soda	35-44	5.0%
	45-54	6.4%
	55-64	6.5%
	65-74	6.0%
	75+	4.1%
Energy Drinks	35-44	2.5%
	45-54	1.2%
	55-64	1.4%
	65-74	0.5%
	75+	0.7%

# Tobacco Use

## Tobacco Products

In the past 30 days, have you used any of these tobacco products at least once? (Select all that apply)

Cigarettes	35-44	3.0%
	45-54	2.0%
	55-64	1.9%
	65-74	1.7%
	75+	0.5%
Electronic cigarettes (e.g. vapes, JUULs, etc.)	35-44	0.3%
	45-54	0.2%
	55-64	0.2%
	65-74	0.0%
	75+	0.0%
Regular Cigars	35-44	0.1%
	45-54	0.1%
	55-64	0.1%
	65-74	0.1%
	75+	0.0%

# Tobacco Use Continued

Tobacco Products		
In the past 30 days, have you used any of these tobacco products at least once? (Select all that apply)		
Little cigars (e.g., Swisher, Black and Mild)	35-44	0.1%
	45-54	0.1%
	55-64	0.1%
	65-74	0.2%
	75+	0.0%
Smokeless tobacco (e.g., chew, snus)	35-44	0.2%
	45-54	0.3%
	55-64	0.5%
	65-74	0.2%
	75+	0.3%
None of the above	35-44	12.0%
	45-54	14.0%
	55-64	17.1%
	65-74	13.5%
	75+	14.0%

# Secondhand Smoke

Second-hand Smoke		
Are you exposed to secondhand smoke or e-cigarette aerosol at home?	Yes	No
35-44	1.3%	14.2%
45-54	1.7%	15.0%
55-64	1.7%	18.2%
65-74	1.2%	14.7%
75+	0.9%	14.0%

# Alcohol Use

Alcohol Consumption		
During the past week, on how many days did you have at least one drink of alcohol?		
1-2 days	35-44	5.1%
	45-54	5.7%
	55-64	6.2%
	65-74	3.5%
	75+	2.5%
3-4 days	35-44	1.7%
	45-54	1.6%
	55-64	1.2%
	65-74	0.8%
	75+	0.7%
5-6 days	35-44	0.2%
	45-54	0.2%
	55-64	0.8%
	65-74	0.3%
	75+	0.5%
7 days	35-44	0.2%
	45-54	0.2%
	55-64	1.0%
	65-74	0.9%
	75+	0.9%
Did not drink	35-44	8.2%
	45-54	9.2%
	55-64	10.7%
	65-74	10.2%

# Alcohol Use Continued

Alcohol Consumption Continued		
On the days you drank alcohol, about how many drinks did you have on average?		
1-2 drinks	35-44	5.1%
	45-54	6.7%
	55-64	7.4%
	65-74	4.8%
	75+	4.6%
3-4 drinks	35-44	2.0%
	45-54	0.9%
	55-64	1.7%
	65-74	1.1%
	75+	0.2%
5+ drinks	35-44	0.7%
	45-54	0.4%
	55-64	0.5%
	65-74	0.0%
	75+	0.0%
Did not drink	35-44	7.7%
	45-54	8.7%
	55-64	10.2%
	65-74	9.5%
	75+	9.4%

# Other Mood-Altering Substances

Other Mood-Altering Substances		
In the past 30 days, have you used any of these mood-altering substances at least once? (Select all that apply)		
Marijuana	35-44	0.0%
	45-54	0.1%
	55-64	0.3%
	65-74	0.2%
	75+	0.0%
Meth	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	0.0%
Use of someone else's prescription drugs	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	0.0%

# Other Mood-Altering Substances Continued

Other Mood-Altering Substances		
In the past 30 days, have you used any of these mood-altering substances at least once? (Select all that apply)		
Cocaine	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	0.0%
Heroin	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	0.0%
None of the above	35-44	15.2%
	45-54	16.8%
	55-64	18.8%
	65-74	15.5%
	75+	15.0%

# Support

Support		
When life becomes overwhelming, how many people can you call for support? (e.g., friends, family)		
0 people	35-44	0.7%
	45-54	0.7%
	55-64	1.2%
	65-74	1.5%
	75+	1.0%
1-2 people	35-44	5.9%
	45-54	5.5%
	55-64	6.7%
	65-74	4.8%
	75+	4.7%
3-4 people	35-44	4.7%
	45-54	5.1%
	55-64	5.4%
	65-74	4.8%
	75+	4.4%
5 or more people	35-44	4.3%
	45-54	5.8%
	55-64	6.5%
	65-74	4.5%
	75+	5.1%

# Seek Help/Suicide

## Seek Help

During the past 12 months, was there a time when you wanted to talk with or seek help from a professional about emotional problems such as stress, depression, excess worrying, etc.?	Yes	No
35-44	6.8%	8.6%
45-54	7.1%	9.9%
55-64	4.6%	14.9%
65-74	2.6%	12.2%
75+	1.4%	11.9%

## Seek Help Continued

If yes, did you seek help?	Yes	No
35-44	2.5%	8.4%
45-54	2.6%	9.2%
55-64	1.5%	8.6%
65-74	1.2%	4.0%
75+	0.4%	4.8%

## Suicide

During the past 12 months, did you seriously think about committing suicide?	Yes	No
35-44	0.3%	15.0%
45-54	0.8%	16.2%
55-64	0.6%	19.0%
65-74	0.2%	15.7%
75+	0.2%	15.0%

# Health Problems

## Health Problems

Have you ever been told by a health care provider that you have one of the following conditions? (Select all that apply)

Adult-onset Asthma	35-44	0.6%
	45-54	0.7%
	55-64	1.2%
	65-74	1.1%
	75+	1.2%
Hypertension or high blood pressure	35-44	1.2%
	45-54	5.5%
	55-64	7.7%
	65-74	8.7%
	75+	9.7%
Overweight or Obesity	35-44	6.9%
	45-54	7.6%
	55-64	8.8%
	65-74	6.1%
	75+	4.7%
Anxiety	35-44	5.4%
	45-54	5.7%
	55-64	4.1%
	65-74	2.5%
	75+	0.9%
Depression	35-44	5.1%
	45-54	5.5%
	55-64	4.2%
	65-74	2.5%
	75+	1.5%
Post-Traumatic Stress Disorder (PTSD)	35-44	1.2%
	45-54	1.2%
	55-64	1.2%
	65-74	1.0%
	75+	0.2%

# Health Problems Continued

Health Problems		
Have you ever been told by a health care provider that you have one of the following conditions? (Select all that apply)		
Other Mental Illness	35-44	0.2%
	45-54	0.5%
	55-64	0.3%
	65-74	0.2%
	75+	0.0%
Angina or Coronary Artery Disease	35-44	0.0%
	45-54	0.2%
	55-64	0.7%
	65-74	0.9%
	75+	1.8%
Congestive Heart Failure (CHF)	35-44	0.0%
	45-54	0.0%
	55-64	0.1%
	65-74	0.7%
	75+	1.1%
Diabetes or High Blood Sugar	35-44	0.4%
	45-54	2.6%
	55-64	3.3%
	65-74	4.2%
	75+	3.6%
High Cholesterol	35-44	1.9
	45-54	3.5
	55-64	5.8
	65-74	6.2
	75+	6.0
Chronic Obstructive Pulmonary Disease (COPD)	35-44	0.0%
	45-54	0.3%
	55-64	0.2%
	65-74	1.1%
	75+	1.2%

# Health Problems Continued

Health Problems		
Have you ever been told by a health care provider that you have one of the following conditions? (Select all that apply)		
Memory Loss	35-44	0.1%
	45-54	0.5%
	55-64	0.4%
	65-74	0.7%
	75+	0.9%
Dementia	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.2%
	75+	0.4%
Attention Deficit Disorder (ADD) or Attention Deficit/Hyperactivity Disorder (ADHD)	35-44	0.9%
	45-54	0.8%
	55-64	0.4%
	65-74	0.2%
	75+	0.0%
Cancer. If yes, type: _____	35-44	0.9%
	45-54	0.8%
	55-64	2.0%
	65-74	2.5%
	75+	3.1%

# Appendix A: Community Health

\*In your opinion, what would make your community a healthier place to live?

# Healthier Community

## 1. Food Related

- Also, the pricing at the only grocery store near me has just about doubled in one year. Many items needed on a weekly basis are unattainable to many because of rising costs.
- Improvements need at the Mauston food pantry (last time I [person filling out survey] was there everything had expired)
- A larger farmers market with more fruits and vegetables, rather than just crafts. Perhaps allowing people to sell with very little or no seller's fee.

## 2. Youth Related

- Allowing schools and parents to teach a well-rounded education, which includes learning about everything-all subject(s) matter and teaching people how to be responsible or their own choices in life, even if involves religious teaching
- More opportunities for children to learn about diversity (LGBTQ+, racial/ethnic competency, etc.) and explore the fine arts (i.e., music schools, theatre groups).
- We have just gone through 4 years of hate and division; our son is minority student and we have decided to move to ensure his safety and wellbeing
- More programs for "at risk" youth
- Mental health services in schools. Education/training for school staff on trauma, available resources for families, how to respond to children with behaviors
- County Health Department (DHS)(CPS) respond to the needs of children the way they are responded to in other counties

## 3. Environmental Related

- Include dump fees in with taxes and offer it as a service to eliminate garbage in the ditch. Scum will not pay those rates, so they just toss it and the poor people in the remote areas have to deal with it. That usually means paying to get rid of other people's garbage.
- Check all the private wells around Volk Field CRTC for PFAS due to the fire training center located there
- Sometimes it is hard to find parking slot at the park even when there is no one there-where do all these cars come from? Do the story plates in the park for adults-historical interesting facts. If you call something a park, then it should have parking and benches and picnic tables or don't take credit for calling it a park.
- I really like the addition of the new walking paths. I think we could use more. I'd also like to see off road bike paths that lead out into the country and maybe tie in with the Elroy bike trail. A canoe/kayak launch below the dam would be nice. A community garden would be nice if there was someone(s) to help with the up keep
- Attention to large animal operations (mega-dairies) and the impact on water quality

# Healthier Community Continued

## 4. Infrastructure Related

- Transparency in government, schools, local government. The newspaper does not report local news, schools, post minutes 45 days after the fact. No longer news
- The founding fathers will not allow new business to come into the community, which would offer better chances for people to have good paying jobs. Further, taxes are astronomical for a town that offers little to no resources and requires people to drive to purchase clothes or affordable food. We do not need another gas station, in my opinion
- Block grants for home improvement and upgrades, tax incentives for volunteer emergency services personnel
- Require education/training to make people eligible for jobs, rather than a "handout"
- Municipalities being more open and flexible with how the city is run, such as rules/ordinances
- Officials who have the ability to really care about the people in the community, not themselves
- Decisions made with participation of community. Board meetings are not transparent. Need to draw a younger group in community with child-friendly spaces. Tax base needs to become younger.

## 5. Health Related

- Community health agencies working together to tackle health goals/improvements rather than individual entities doing their own initiatives.
- Cancer care at Mile Bluff Hospital
- A drop-in clinic where one could go for minor things (stitches, throat culture, urinary infection) without the high cost of urgent care or ER
- Access to specialty doctors (no cardiologists on staff fulltime that are able to treat heart attacks/stents etc.). Having to drive to Madison or other big cities to get NEEDED healthcare is a failure in our community.
- Additional resources for abuse or neglect of minors and increase of qualified medical professionals
- A comprehensive mental health initiative for all residents
- Year-round nutrition programming targeting children.

# Healthier Community Continued

## 6. Whole Community Related

- More tolerance of different kinds of people. Still an outsider even after living her 20+ years
- Acknowledge that this area has strong negative biases. Mistrust of "outsiders," racial and gender biases, overly "conservative"—cannot understand or support changes that could ultimately make this a better place to live and work
- A community focused lens on building the community for those with less power—safer/more affordable housing that is fit for families to live in, transportation to jobs to help people lift up out of poverty, inclusion for LGBTQ and BIPOC in community events
- Less emphasis of the culture of alcohol to have a good time and more emphasis of healthy alternatives.
- We need low-cost community exercise programs aimed at preventive care.
- More public education and resources on healthy living. Workshops on sustainable living. Teach more in schools on healthy living

## 7. Drug/Alcohol Related

- The community needs a sense of working together and trusting each other, to overcome problems. There is a definite drug problem and lack of enforcement, the druggies are out on the street the next day, plying their trade and selling, and committing other crimes, so that I do not feel safe
- Grow bigger program to help people obtain and maintain sobriety. drug trafficking, crime, etc., will go down and in turn other community members also feel that they have a safe place to live. Drug use is high here.
- There have been several times where needles that were used for drugs were found in our parks. Maybe a daily check of the parks or cctv in the parks to ensure this stops happening. We have many children in our community and their safety is definitely most important as a parent myself.
- I think focusing on the drug problem that seems to be increasing in our area... Doing more outreach with the high school to try to prevent and educate. There have been so many overdoses and drug houses raided especially involving children the last few years. It would be really encouraging to have resources available for counseling and rehab to help people get back on their feet and out of the addiction situation.

# Healthier Community Continued

## 8. Older Adult Related

- Meals on Wheels providing diet specific meals (i.e., low salt, diabetic, allergy) for the elders they serve.
- Senior Nutrition site that serves meals at least 3 days a week that also provides opportunities for education, services, and socialization opportunities for the Senior Citizens in the northern half of Juneau County.
- More accessible transportation for the elderly
- There is not enough available as rental property for seniors of medium income. Like apartments on 1 level with attached garages

## 9. Transportation Related

- I would like to see if it would be feasible and useful for some kind of public transportation to a larger town on a periodic basis

## 10. General Comments Related

- I believe generally people in Juneau County receive the necessary services they require when they need them and that most all are available
- I guess I feel this community is a wonderful place to live, can't think of anything to make it better.
- This is a very good rural community due to Mile Bluff clinics for health issues and proximity to UW and Mayo
- Not sure, for me I have access to health care, a gym and healthy food so I feel if you want to be healthy you can be. It's all about each individual.
- Nothing.... I am responsible for my health, not my community.

# Appendix B: Community Involvement

\*In your opinion what are good ways to get residents involved in their community?

# Community Involvement

## 1. Community Events

- Make sure some events are older adult friendly in terms of safety to move around
- Music and food vendors holding weekly get-togethers in parks across the county
- Be more inclusive at the events

## 2. Community Activities

- General activities that families and community members that could participate that is not necessarily a whole community event that are offered more frequently
- Offer things on the weekends for those who have to work M-F
- Open a community garden as a way for families and community members to gather and work on together
- It would be nice having games, music, etc. to enjoy (like we use to have) by our fire station and neighboring playgrounds
- Have various activities that appeal to many different interest to get many people involved in the community
- Make Free/inexpensive so all can attend

## 3. Communication

- Personal invitations from friends, community activities listed in local free paper.
- For the updated website to have information about what is going on in the community and updated regularly
- Consistently survey the community to make sure that they feel heard, and they are having opportunities to do things they want and allow for them to express concerns or other ideas that come to mind
- Community calendars that are passed out or easily accessible
- Have better communication with the communities as to what is going on in the community whether it be events, activities, or just important town halls that they should know about

## 4. Create/Continue Partnerships with Local Groups

- Working with groups like Lion's and Lioness clubs, churches. UW-Ext groups, 4-H, local businesses to create events and activities in the community as well as encourage membership and participation in these groups
- Using libraries and schools as centers for volunteerism, public/continuing education, cultural events

## 5. More Volunteer Opportunities

- Have people be on committees for certain events in the community to make them feel like their opinion matters.
- Yearly Clean up days for the community, specifically the parks and roads
- Delegate committees to organize and plan events that involve community members=age appropriate per activity

# Community Involvement Continued

## 6. Diversity and Inclusion

- Not writing off people with different points of view, social economic status, and or religious beliefs, etc., because we care about all of our incredible history
- Make sure people in the community feel valued and that the activities and events in the community are based off of things that the community members want
- Host open forums where people can express their interest in what is going on in the community as well as have a Q&A session with city officials
- Not tolerate the hate towards people who are not from the area for the past 4 generations, don't go to church every Sunday, and have independent thought.

## 7. Facilities for the Community

- Having a place where everyone could gather for events, be involved in community-based classes.
- Places to come together other than one open for evening restaurant or bars, or too large townhalls.

## 8. Schools

- Programs at schools for students that include parents too, if they want to participate in community service projects, like picking up trash, pain houses for low income, etc.
- I believe our school Administrator works very hard to bring the generations together in a common goal of improving the school, caring for the aged. She is a positive role model. (zip code: 54646)
- I think that the school sports should get more involved with the community. If you show that the school cares about the community, they will show support to the school.

## 9. General Comments

- First, find out from the community, "WHY" they are not involved, then, grow a solution to what they say. Second, people do like to be a good "helpful neighbor," maybe create a community of "helpers" to grow connections between different demographics
- Do things that spark their interests or that they can relate to. If people feel that things are being done to enhance their lives, I believe that they will get involved.
- Providing access to basic needs so they are able to be involved; focusing events on the schools or healthcare facilities, since most people feel they have stakes in those areas; Utilizing some of our empty building spaces within our communities to open community outreach centers e.g., YMCAs, Big Brothers/Sisters, community job fairs, etc.
- Too many people have more than one job so they might not have a lot of free time.
- People have enough struggles on their own right now, getting involved in any other activities takes away from their needs.

# Appendix C: Environmental Strengths

\*What do you see as Juneau County's most important strength for environmental health? (For example: clean air, clean water, radon exposure, lead exposure, safe housing, spaces for recreational activities, etc.)

# Environmental Strengths

## 1. Clean Air

- I think Juneau County has clean air. In the country you can smell the smells of farms - not exhaust.
- Pollution seems to be pretty nonexistent around here.

## 2. Clean Water

- I never worry about the water I drink.
- The free well water testing that the county provides is a strength.
- Water initiatives, with lake associations, farmer led watersheds, water testing, etc.
- Clean water is a strength that Juneau City has that helps with daily health.
- Water is way cleaner than in La Crosse, WI.

## 3. Space for Recreational Activities

- All of our outdoor spaces for nature enjoyment, walking, running, hiking, canoeing, boating, fishing.
- We have recreational spaces, just some are difficult to locate or find information on them.
- the large amount of public land; 2nd and 4th largest lakes in the state

## 4. Parks

- We have beautiful parks, but they are underused and there are not enough spaces used or programs implemented in them for community members to learn, do and bond on activities.
- I think there are a variety of nice parks and the river walk to allow people to get out of their homes in a safe environment.
- We have a lot of parks and outdoor community places to gather, and they are upkept fairly well.
- I like that they are always working to improve and maintain the parks.

## 5. Clean River/Lake

- Beautiful lakes in the area but not open to public (Illinois people who can afford it)
- The river walkway

## 6. Natural Resources

- Juneau County's greatest strength is its great natural resources, i.e., parks, campgrounds, lakes, rivers, etc.

## 7. General Comments

- We live in a beautiful area and we should be able to attract some business to our community. Bigger is not always better.
- Generally, a peaceful place to live.
- this is no problem in my opinion so keep everything the way it is.
- I believe that we live in an area that has a lot of potential to create a strong environmentally healthy community. We have all of the factors that can help lead to the achievement of this goal

# Appendix D: Environmental Areas of Improvement

\*What do you see as Juneau County's most important area for improvement?  
for environmental health? (For example: clean air, clean water, radon exposure, lead exposure, safe housing, spaces for recreational activities, etc.)

# Environmental Areas of Improvement

## 1. Housing

- Juneau county needs a better hold on getting some of the gross bug infested houses deemed unlivable. There needs to be better action taken to clean up these homes and teach people that it is not okay to live with bugs in the manner that they do. It would be nice if we had our own person to work on these.
- The housing situation definitely needs improvement some of the lower income housing apartments are basically just taken over by drugs and crime I will not even drive by them anymore. Keeping the parks clean and the equipment in working order is important but also really letting people know the public trails, lakes, and activities available to encourage healthier lifestyles for people of our county.
- Some places for rent in Juneau County are not in very good shape! Someone tried to rent a "good: place to my sister by there was a hole in the floor where the bathtub should have been.
- I know there are options for affordable housing, but I do still feel like we have a large population of families who do not have a stable/reliable place to call home.
- Rentals are not regulated well, and many families live in squalor due to poor credit history and criminal backgrounds.
- Accessible testing for environmental issues related to homes.
- Concerns for housing in Juneau county would not pass inspection due to unsafe living conditions.

## 2. Clean Water

- Not sure how aggressive rural water testing is done, as in, do well diggers and plumbers have new wells tested or test the well again after entering a well system (replace pump, etc.)
- Unfortunately, with living rurally we are surrounded by farms and fields which increases the nitrates in our well. We have to use filtered water through our fridge to drink.
- There is a lot of talk about improving water quality, but not much will to act. There is a super fund site in the Mauston industrial park.
- Clean water. Actual water tests that are not "doctored" should be tested. A reliable source has said on multiple occasions that they would not drink tap water from any of our local communities. The water is contaminated and would not pass inspection.
- Limiting pesticides, and toxic chemical contamination of our water table. Limiting and clean-up of dump sites and fertilizers / chemicals used for farming and growing crops.
- Farmers need empirical data and incentives to stop using putting so much fertilizer/chemicals into water ways-farmers need financial incentive to change.
- Definitely need to keep our water clean and safe without ANY kind of chemicals contaminating it. The Climate Engineering Program needs to chill back some with all the chemicals they put into our skies and it lands on trees and is killing them, and it gets into the waterways. They fly over my house all the time with their chemicals and I'm tired of seeing that white or grey garbage they use. Also tired of seeing/hearing their VERY large military planes overhead on a daily/weekly basis when they are training for their program or putting it into action. They come from Volk Field and maybe they need to change their route to go a different way. I want to see the sun more than a few times a month.

# Environmental Areas of Improvement Continued

## 3. Spaces for Recreational Activities

- We also need more spaces for recreational activities as there could be better sidewalks and more activity spaces and not just green areas.
- More spaces for recreational activity would be nice. Especially with all the schools locking down their gyms. But, probably best to let the people decide. Like do not try to control people but help what they are already doing.
- Recreational activities, and when they finally do bring in an activity do not scale back because of money. Example: slash pad, first yr. of great then it was using too much water and they scaled the water back. The water hardly comes out.

## 4. Radon, Water and Lead Testing/Exposure

- Informing people about Radon in our area. It is a problem, and it surprises me how few people know about Radon.
- Radon testing should be a requirement for all home ownership transfers or mandatory for all homes.

## 5. Infrastructure Improvements

- I think ownership of rural roads. No one maintains ours and when I inquire, I am told that I need to start an association. Our roads are sand with overgrown trees; cannot pull a trailer down the road without scratching it against limbs. Also have large holes in the roads. Germantown township and New Lisbon municipalities will not claim the roads. Says it is the "other's" problem.
- Better transit system/access and better roads to take advantage of the recreational areas.

## 6. Substance Use

- Get rid of the hard drugs, you can kill many birds with one stone such as health problems, safety, and others.
- More ways to help addicts get clean.
- Getting the drug abuse under control

# Environmental Areas of Improvement Continued

## 7. Clean Air, Parks , and Litter Removal

- I think that Juneau County could improve on ways for there to be cleaner land areas. There is a lot of garbage that is laying around.
- Getting people to clean up after themselves. In New Lisbon, it is great to have the park/river/walking trail, but people leave trash all over. From half eaten meals and empty bottles to dirty diapers and random personal belongings.
- hire the very young (middle school) kids to clean up dog and bird poop in our community parks! Win-win - kids learn to work a bit and receive a little spending money, while the parks they utilize will be cleaner, safer, and more appealing for everyone.
- Our community areas of gathering like our parks need continued improvement to create a space that draws the people to use these spaces. More hiking n biking n camping areas please.

## 8. General Comments

- Not charging residents for removal of ash trees. Mauston is a poor town and most of the people are living paycheck to paycheck. Roads and sidewalks are continuously being updated at the how owners' expense, costing us thousands of dollars. Mauston need to sit down evaluate priorities vs needs. Give us an outdoor pool so our kids can play! I have never seen a community that does not have one, everyone goes to the Dells or Wonewoc.
- Working together with the community instead of the same old people on the board who are behind the times and hire friends to fill positions. have the board meeting during nonworking hours so that the community can be involved.

# Citations

<sup>1</sup>Harrison, L. & Hughes, A. (1997). The validity of self-reported drug use in survey research: An overview and critique of research methods. *The Validity of Self-Reported Drug Use: Improving the Accuracy of Survey Estimates*. NIDA Research Monograph 167. Rockville, MD: National Institute of Drug Abuse, 18.